California State Prison, Centinela Medical Inspection Results Cycle 4



February 2016

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Office of the Inspector General CALIFORNIA STATE PRISON, CENTINELA Medical Inspection Results Cycle 4



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EXECUTIVE SUMMARY

Under the authority of California Penal Code Section 6126, which assigns the Office of the Inspector General (OIG) responsibility for oversight of the California Department of Corrections and Rehabilitation (CDCR), the OIG conducts a comprehensive inspection program to evaluate the delivery of medical care at each of CDCR's 35 adult prisons. The OIG **explicitly** makes no determination regarding the constitutionality of care in the prison setting. That determination is left to the Receiver and the federal court. The assessment of care by the OIG is just one factor in the court's determination whether care in the prisons meets constitutional standards. The court may find that an institution that the OIG found to be providing adequate care still does not meet constitutional standards, depending on the analysis of the underlying data provided by the OIG. Likewise, an institution that has been rated *inadequate* by the OIG could still be found to pass constitutional muster with the implementation of remedial measures if the underlying data were to reveal easily mitigated deficiencies.

The OIG's inspections are mandated by the Penal Code and not aimed at specifically resolving the court's questions on constitutional care. To the degree that they provide another factor for the court to consider, the OIG is pleased to provide added value to the taxpayers of California.

For this fourth cycle of inspections the OIG added a clinical case review component and significantly enhanced the compliance portion of the inspection process from that used in prior cycles. In addition, the OIG added a population-based metric comparison of selected Healthcare Effectiveness Data Information Set (HEDIS) measures from other State and national health care organizations and compared that data to similar results for California State Prison, Centinela (CEN).

The OIG performed its Cycle 4 medical inspection at California State Prison, Centinela, from September to November 2015. The inspection included in-depth reviews of 69 inmate-patient files conducted by clinicians, as well as reviews of documents from 367 inmate-patient files, covering 101 objectively scored tests of compliance with policies and procedures applicable to the delivery of medical care. The OIG assessed the case review and compliance results at CEN using 14 health care quality indicators applicable to the institution, made up of 12 primary clinical indicators and two secondary administrative indicators. To conduct clinical case reviews, the OIG employs a clinician team consisting of a physician and a registered nurse consultant, while compliance testing is done by a team of deputy inspectors general trained in monitoring medical compliance. Of the 12 primary indicators, seven were rated by both case review clinicians and compliance inspectors, three were rated by case review clinicians only, and two were rated by compliance inspectors only; both secondary indicators were rated by compliance inspectors only. See the *Health Care Quality Indicators* table on page ii. Based on that analysis, OIG experts made a considered and measured overall opinion that the quality of health care at CEN was <u>adequate</u>.

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Health Care Quality Indicators

Fourteen Primary Indicators (Clinical)	All Institutions– Applicability	CEN Applicability
1–Access to Care	All institutions	Both case review and compliance
2–Diagnostic Services	All institutions	Both case review and compliance
3–Emergency Services	All institutions	Case review only
4–Health Information Management (Medical Records)	All institutions	Both case review and compliance
5–Health Care Environment	All institutions	Compliance only
6–Inter- and Intra-System Transfers	All institutions	Both case review and compliance
7–Pharmacy and Medication Management	All institutions	Both case review and compliance
8–Prenatal and Post-Delivery Services	Female institutions only	Not Applicable
9–Preventive Services	All institutions	Compliance only
10–Quality of Nursing Performance	All institutions	Case review only
11–Quality of Provider Performance	All institutions	Case review only
12–Reception Center Arrivals	Institutions with reception centers	Not Applicable
13–Specialized Medical Housing (OHU, CTC, SNF, Hospice)	All institutions with an OHU, CTC, SNF, or Hospice	Both case review and compliance
14–Specialty Services	All institutions	Both case review and compliance
Two Secondary Indicators (Administrative)	All Institutions– Applicability	CEN Applicability
15–Internal Monitoring, Quality Improvement, and Administrative Operations	All institutions	Compliance only
16–Job Performance, Training, Licensing, and Certifications	All institutions	Compliance only

California State Prison, Centinela, Cycle 4 Medical Inspection

Page ii

Overall Assessment: Adequate

Based on the clinical case reviews and compliance testing, the OIG's overall assessment rating for CEN was *adequate*. For the 12 primary (clinical) quality indicators applicable to CEN, the OIG found four *proficient*, seven *adequate*, and one *inadequate*. For the two secondary (administrative) quality indicators, the OIG found one *proficient* and one *inadequate*. To determine the overall assessment for CEN, the OIG considered individual clinical ratings and individual compliance question scores within each of



the indicator categories, putting emphasis on the primary indicators. Based on that analysis, OIG experts made a considered and measured overall opinion about the quality of health care observed at CEN.

Clinical Case Review and OIG Clinician Inspection Results

The clinicians' case reviews sampled patients with high medical needs and included a review of more than 1,340 patient care events. For the 12 primary indicators applicable to CEN, ten were evaluated by clinician case review; one was *proficient*, seven were *adequate*, and two were *inadequate*. When determining the overall adequacy of care, the OIG paid particular attention to the clinical nursing and provider quality indicators, as adequate health care staff can sometimes overcome suboptimal processes and programs. However, the opposite is not true; inadequate health care staff cannot provide adequate care, even though the established processes and programs onsite may be adequate.

Program Strengths — Case Review

- The leadership at CEN was dedicated to continuous quality improvement, and very open and receptive to critiques and constructive criticism.
- The chief medical executive (CME) was very "hands-on" with both medical staff and patients. Interviews with the medical providers revealed the CME was very supportive and approachable. Case reviews revealed active involvement with patient education and treatment.
- Diagnostic Services was functioning well, with the majority of the services completed, reports reviewed, and results communicated to patients in a timely manner.
- Specialty Services was functioning well. The providers reported the Specialty Services Department was very helpful in ensuring appointments were timely and reports were retrieved.
- The weekly primary care provider meetings were productive and educational.

- Morning huddles were comprehensive and constructive.
- The primary care providers and nursing staff had good working relationships with each other and with custody.

Program Weaknesses — Case Review

- Several indicators showed a pattern of incomplete patient assessments or incomplete documentation of health care records by nursing staff. The use of cloned notes was also identified.
- The sick call process at CEN was not functioning well. The RNs often failed to see symptomatic patients, and often inappropriately referred patients to the medical provider without an RN evaluation.
- Though it was apparent the providers reviewed specialty reports (as evidenced by provider orders and progress note documentation), they often failed to properly sign the specialty reports.
- CEN's emergency medical response review process did not appropriately audit all nonscheduled transports. This resulted in care deficiencies not being identified.
- Supervising registered nurses did not review the quality of nursing care in the correctional treatment center.

Compliance Testing Results

Of the 14 total health care indicators applicable to CEN, 11 were evaluated by compliance inspectors.¹ There were 101 individual compliance questions within those 11 indicators, generating 1,183 data points, that tested CEN's compliance with California Correctional Health Care Services (CCHCS) policies and procedures.² Those 101 questions are detailed in *Appendix A—Compliance Test Results*. The institution's inspection scores for the 11 applicable indicators ranged from 52.3 percent to 98.0 percent, with the secondary (administrative) indicator *Internal Monitoring, Quality Improvement, and Administrative Operations* receiving the lowest compliance score, and the primary indicator *Specialized Medical Housing (OHU, CTC, SNF, Hospice)* receiving the highest. For the nine primary indicators applicable to compliance testing, the OIG rated five *proficient*, three *adequate*, and one *inadequate*. For the two secondary indicators, which involve administrative health care functions, one was rated *proficient* and one *inadequate*.

¹ The OIG's compliance inspectors are trained deputy inspectors general with expertise in CDCR policies regarding medical staff and processes.

² The OIG used its own clinicians to provide clinical expert guidance for testing compliance in certain areas where CCHCS policies and procedures did not specifically address an issue.

Program Strengths — Compliance Testing

As the *CEN Executive Summary Table* on page ix indicates, the institution's compliance ratings were *proficient* for the following six indicators: *Health Care Environment* (85.4 percent), *Inter- and Intra-System Transfers* (90.0 percent), *Preventive Services* (85.6 percent), *Specialized Medical Housing (OHU, CTC, SNF, Hospice)* (98.0 percent), *Specialty Services* (85.7 percent), and *Job Performance Training, Licensing, and Certifications* (90.2 percent). The following are some of CEN's strengths based on its compliance scores for individual questions within all primary health care indicators:

- Nursing staff timely reviewed patients' health service requests and timely completed face-to-face visits.
- Providers conducted timely follow-up appointments with patients who were released from a community hospital and returned to the institution.
- The institution ensured that inmate-patients timely received their radiology services. In addition, providers communicated radiology test results to inmate-patients within the required time frame.
- The institution ensured that inmate-patients timely received their laboratory services. In addition, providers timely reviewed the diagnostic reports and timely communicated the results to their patients.
- Institutional staff timely scanned non-dictated progress notes, initial health screening forms, and health care service request forms into patients' health record files. Staff also timely scanned specialty services consultant reports, community hospital discharge reports, and medication administration records.
- The institution ensured that clinical health care areas and their related medical equipment were appropriately disinfected, cleaned, and sanitary.
- Clinical staff followed proper hand hygiene practices during patient encounters.
- Clinical and non-clinical medical storage areas demonstrated appropriate medical supply storage and management protocols.
- Clinical exam rooms and treatment spaces had sufficient space and configuration to allow clinicians to perform proper clinical exams.
- For inmate-patients who transferred into CEN from another CDCR institution, RNs properly documented an assessment and disposition of the patient on the Initial Health Screening form (CDCR Form 7277) the same day nursing staff completed an initial screening of the patient.

- Health care staff consistently documented patients' pending specialty service appointments on the Health Care Transfer Information form (CDCR Form 7371) for those patients who transferred out of CEN to another CDCR institution.
- Patients' transfer packages included the required medications and related documentation for inmate-patients who transferred out of the institution.
- The institution employed strong medication security controls over narcotic medications, and properly stored non-narcotic medications at all applicable clinics and all sampled medication line storage locations.
- Nursing staff followed proper hand hygiene contamination protocols and practiced appropriate administrative controls and protocols during medication preparation and while distributing medications to inmate-patients.
- In its main pharmacy, the institution followed general security, organization, and cleanliness management protocols; properly stored non-refrigerated and refrigerated medications; and maintained adequate controls over and properly accounted for narcotic medications.
- The institution timely monitored patients receiving tuberculosis treatments.
- Inmate-patients were consistently offered preventive services that included influenza vaccinations and screenings for colorectal cancer.
- For patients housed in the correctional treatment center (CTC), nurses timely completed initial patient assessments. In addition, providers timely evaluated patients upon admission, and timely completed each patient's written history and physical examination and their subjective, objective, assessment, plan, and education (SOAPE) notes at required intervals.
- The CTC patient rooms had properly working call buttons, and staff could respond and access inmate-patients' rooms in less than one minute when an emergent event occurred.
- Providers conducted specialty service appointments timely, and providers reviewed the specialists' reports timely. In addition, the institution completed denials of providers' requests for specialty services timely.

The following are some of the strengths identified within the two secondary administrative indicators:

- CEN's local governing body (LGB) met during all four of the most recent quarters, and all meeting minutes provided a detailed narrative of the LGB's general management and planning of patient health care.
- Institutional responses addressed patients' second-level medical appeal issues.

• The institution's medical staff reviewed and submitted initial inmate death reports to the CCHCS Death Review Unit in a timely manner.

Providers, the pharmacist-in-charge, and the pharmacy had current licenses and registrations, and nursing staff were current on required training requirements, licenses, and certifications.

Program Weaknesses — Compliance Testing

The institution received an *inadequate* compliance rating for the primary indicator *Diagnostic Services* (66.7 percent). The institution also received an *inadequate* score in the secondary indicator *Internal Monitoring, Quality Improvement, and Administrative Operations* (52.3 percent). The following are some of the weaknesses identified by CEN's compliance scores for individual questions within all primary health care indicators:

- Patients who transferred into CEN from other CDCR institutions and were referred to a PCP for a routine appointment based on nursing staff's initial health care screening of the patient were not seen timely.
- Providers did not always record their name, title, and the date on radiology or pathology reports to evidence their reviews. In addition, providers did not communicate pathology results to their patients.
- Medical records staff did not always properly label patient documents scanned into the eUHRs, and did not always timely scan dictated or transcribed provider progress notes into patients' eUHRs.
- Several clinics and exam rooms lacked essential core medical supplies and equipment for comprehensive examinations.
- Clinics lacked an overhang or shade protection to shield patients from extreme heat or inclement weather when waiting outdoors to receive their medication.
- The institution's pharmacist-in-charge did not properly process and follow up on all reported medication errors.
- Inmate-patients did not always receive a proper tuberculosis skin test; nursing staff did not clearly document the 48-to-72-hour window to read test results; and the skin tests were sometimes read by a licensed vocational nurse (LVN) instead of by a registered nurse, public health nurse, or primary care provider.
- The institution did not always provide timely specialty service appointments to inmate-patients who transferred into CEN with previously approved or scheduled specialty appointments at the sending institution.

• When the institution denied specialty service requests, providers did not always timely communicate the denial status to the patients so that alternative treatment options could be timely pursed.

The following are some of the weaknesses identified within the two secondary administrative indicators:

- The institution did not always process inmate medical appeals timely.
- CEN did not take adequate steps to ensure the accuracy of its Dashboard data reporting; there was no evidence that the Quality Management Committee discussed the methods used to conduct data validation audits or to train staff who collect Dashboard data.
- Management did not always timely review incident packages during its monthly Emergency Medical Response Review Committee (EMRRC) meetings. Further, the warden did not always approve meeting minutes, and incident review packages did not include required documentation.
- The institution did not have a tracking system in place to determine when custody staff's emergency response certifications were about to expire.

The *CEN Executive Summary Table* on the following page lists the quality indicators the OIG inspected and assessed during the clinical case reviews and objective compliance tests, and provides the institution's rating in each area. The overall indicator ratings were based on a consensus decision by the OIG's clinicians and non-clinical inspectors.

CEN Executive Summary Table

Primary Indicators (Clinical)	<u>Case</u> <u>Review</u> <u>Rating</u>	<u>Compliance</u> <u>Rating</u>	<u>Overall Indicator</u> <u>Rating</u>
Access to Care	Adequate	Adequate	Adequate
Diagnostic Services	Proficient	Inadequate	Adequate
Emergency Services	Adequate	Not Applicable	Adequate
Health Information Management (Medical Records)	Adequate	Adequate	Adequate
Health Care Environment	Not Applicable	Proficient	Proficient
Inter- and Intra-System Transfers	Adequate	Proficient	Proficient
Pharmacy and Medication Management	Adequate	Adequate	Adequate
Preventive Services	Not Applicable	Proficient	Proficient
Quality of Nursing Performance	Inadequate	Not Applicable	Inadequate
Quality of Provider Performance	Adequate	Not Applicable	Adequate
Specialized Medical Housing (OHU, CTC, SNF, Hospice)	Inadequate	Proficient	Adequate
Specialty Services	Adequate	Proficient	Proficient

Note: The *Prenatal and Post-Delivery Services* and *Reception Center Arrivals* indicators did not apply to this institution.

Secondary Indicators (Administrative)	<u>Case</u> <u>Review</u> <u>Rating</u>	<u>Compliance</u> <u>Rating</u>	<u>Overall Indicator</u> <u>Rating</u>
Internal Monitoring, Quality Improvement, and Administrative Operations	Not Applicable	Inadequate	Inadequate
Job Performance, Training, Licensing, and Certifications	Not Applicable	Proficient	Proficient

Compliance ratings for quality indicators are *proficient* (greater than 85.0 percent), *adequate* (75.0 percent to 85.0 percent), or *inadequate* (below 75.0 percent).

Population-Based Metrics

In general, CEN performed adequately for population-based metrics. In four of the five comprehensive diabetes care measures (diabetic monitoring, diabetics considered to be under poor control, diabetics considered to be under good control, and blood pressure control), CEN performed similarly or exceeded other State and national organizations. This included Medi-Cal and Kaiser Permanente, typically one of the highest-scoring health organizations in California, as well as Medicaid, Medicare, national commercial health plans (based on data obtained from health maintenance organizations), and the U.S. Department of Veterans Affairs (VA). For the one remaining diabetes care measure, eye exams for diabetic patients, the institution's score was mid-range when compared to the other entities.

With regard to influenza immunizations for patients under the age of 65, CEN outperformed Kaiser and commercial plans but trailed with a rate lower than the VA; for older patients, CEN's rates were lower than both the VA and Medicare for influenza and pneumococcal immunizations. The institution's lower performance for flu shots and pneumococcal vaccinations can be largely attributed to patient refusals. For colorectal cancer screening, CEN scored lower than the rates reported by Kaiser, commercial plans, Medicare, and the VA. Again, this lower performance can be largely attributed to patient refusals. Overall, CEN's performance demonstrated by the population-based metrics indicated that the chronic care program was adequately run and operating as intended.

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INTRODUCTION

Under the authority of California Penal Code Section 6126, which assigns the Office of the Inspector General (OIG) responsibility for oversight of the California Department of Corrections and Rehabilitation (CDCR), and at the request of the federal Receiver, the OIG developed a comprehensive medical inspection program to evaluate the delivery of medical care at each of CDCR's 35 adult prisons. For this fourth cycle of inspections, the OIG augmented the breadth and quality of its inspection program used in prior cycles, adding a clinical case review component and significantly enhancing the compliance component of the program.

California State Prison, Centinela (CEN), was the 12th medical inspection of Cycle 4. During the inspection process, the OIG assessed the delivery of medical care to patients for 12 primary clinical health care indicators and two secondary administrative health care indicators applicable to the institution. It is important to note that while the primary quality indicators represent the clinical care being provided by the institution at the time of the inspection, the secondary quality indicators are purely administrative and are not reflective of the actual clinical care provided.

The OIG is committed to reporting on each institution's delivery of medical care to assist in identifying areas for improvement, but the federal court will ultimately determine whether any institution's medical care meets constitutional standards.

ABOUT THE INSTITUTION

CEN is a complex of four separate facilities (A, B, C, and D) within a secure perimeter that primarily houses general population, Level I and Level III sensitive needs, and maximum security (Level IV) custody inmates, including inmates housed in the administrative segregation unit, a high-security unit for inmates segregated for disciplinary or administrative safety and security reasons. The institution runs eight medical clinics where staff handle non-urgent requests for medical services. CEN also treats inmates needing urgent care in its triage and treatment area and those requiring in-patient care in the correctional treatment center. CEN is designated as a "basic care prison," located in a rural area away from tertiary care centers and specialty care providers whose services are likely to be used frequently by higher-risk patients. Basic institutions have capability to provide limited specialty medical services and consultation for a generally healthy inmate-patient population. In addition, on August 17, 2014, the institution received national accreditation from the Commission on Accreditation for Corrections. This accreditation program is a professional peer review process based on national standards set by the American Correctional Association.

In August 2015, CEN had 77.1 authorized health care positions and an overall vacancy rate of just 5 percent across all health care job classifications, including management, providers, staff nurses, and nurse supervisors. Management positions had the highest average vacancy rate at 50 percent; however, this was attributable to a vacancy in one of its two management positions. The institution also reported that the vacancy (chief nursing executive) was currently being filled by an employee working in an acting capacity.

CEN reported that it had six authorized provider positions and that all positions were currently filled; however, one provider position was on long-term medical leave, and the institution had been utilizing one outsourced contract registry provider to cover the absence. As for nursing staff and nursing supervisors, the combined positions accounted for 89 percent of CEN's total health care staffing resources, and the position types only had a combined 4 percent vacancy rate. While the vacancy rate appeared low, CEN also had nine nurses who were on long-term medical leave, accounting for 13 percent of the total nursing workforce. CEN only slightly mitigated the staffing shortage by employing one outsourced contract registry nurse. Lastly, the CEO reported that there were four nursing staff members under disciplinary review; as of early August 2015, none was redirected to a position away from health care.

Management			Primary Care Providers		Nursing Supervisors		Nursing Staff		Totals		
Description		Number	%	Number	%	Number	%	Number	%	Number	%
Authorized Positions		2	3%	6	8%	9.5	12%	59.6	77%	77.1	100%
Filled Positions		1	50%	6	100%	9.5	100%	57	96%	73.5	95%
Vacancies]	1	50%	0	0%	0	0%	2.6	4%	3.6	5%
Recent Hires (within 12 months)		0	0%	3	50%	2	21%	15	26%	20	27%
Staff Utilized from Registry		0	0%	1	17%	0	0%	1	2%	2	3%
Redirected Staff (to Non-Patient Care Areas)		0	0%	0	0%	0	0%	0	0%	0	0%
Staff on Long-term Medical Leave		0	0%	1	0%	2	21%	7	12%	10	14%

CEN Health Care Staffing Resources — August 2015

Note: CEN Health Care Staffing Resources data was not validated by the OIG.

As of August 31, 2015, the Master Registry for CEN showed that the institution had 3,487 inmate-patients. Within that total population, 0.5 percent were designated High-Risk, Priority 1 (High 1), and 1.7 percent were designated High-Risk, Priority 2 (High 2). Patients' assigned risk levels are based on the complexity of their required medical care related to their specific diagnoses, frequency of higher levels of care, age, and abnormal labs and procedures. High 1 has at least two high-risk conditions; High 2 has only one. High-risk patients are more susceptible to poor health outcomes than medium- or low-risk patients. High-risk patients also typically require more health care services than do patients with lower assigned risk levels. The chart below illustrates the breakdown of the institution's medical risk levels at the start of the OIG medical inspection.

# of Inmate-Patients	Percentage		
16	0.5%		
61	1.7%		
687	19.7%		
2,723	78.1%		
3,487	100.0%		
	16 61 687 2,723		

CEN Master Registry Data as of August 31, 2015

California State Prison, Centinela, Cycle 4 Medical Inspection

Commonly Used Abbreviations

ACLS	Advanced Cardiovascular Life Support	HIV	Human Immunodeficiency Virus		
AHA	American Heart Association	HTN	Hypertension		
ASU	Administrative Segregation Unit	INH	Isoniazid (anti-tuberculosis medication)		
BLS	Basic Life Support	IV	Intravenous		
CBC	Complete Blood Count	КОР	Keep-on-Person (in taking medications)		
СС	Chief Complaint	LPT	Licensed Psychiatric Technician		
CCHCS	California Correctional Health Care Services	LVN	Licensed Vocational Nurse		
ССР	Chronic Care Program	MAR	Medication Administration Record		
CDCR	California Department of Corrections and Rehabilitation	MRI	Magnetic Resonance Imaging		
CEO	Chief Executive Officer	MD	Medical Doctor		
CHF	Congestive Heart Failure	NA	Nurse Administered (in taking medications)		
CME	Chief Medical Executive	N/A	Not Applicable		
СМР	Comprehensive Metabolic (Chemistry) Panel	NP	Nurse Practitioner		
CNA	Certified Nursing Assistant	OB	Obstetrician		
CNE	Chief Nurse Executive	OHU	Outpatient Housing Unit		
C/O	Complains of	OIG	G Office of the Inspector General		
COPD	Chronic Obstructive Pulmonary Disease	P&P	Policies and Procedures (CCHCS)		
CP&S	Chief Physician and Surgeon	PA	Physician Assistant		
CPR	Cardio-Pulmonary Resuscitation	РСР	Primary Care Provider		
CSE	Chief Support Executive	POC	Point of Contact		
СТ	Computerized Tomography	PPD	Purified Protein Derivative		
СТС	Correctional Treatment Center	PRN	As Needed (in taking medications)		
DM	Diabetes Mellitus	RN	Registered Nurse		
DOT	Directly Observed Therapy (in taking medications)	Rx	Prescription		
Dx	Diagnosis	SNF	Skilled Nursing Facility		
EKG	Electrocardiogram	SOAPE	Subjective, Objective, Assessment, Plan, Education		
ENT	Ear, Nose and Throat	SOMS	Strategic Offender Management System		
ER	Emergency Room	S/P	Status Post		
eUHR	electronic Unit Health Record	ТВ	Tuberculosis		
FTF	Face-to-Face	ТТА	Triage and Treatment Area		
H&P	History and Physical (reception center examination)	UA	Urinalysis		
HIM	Health Information Management	UM	Utilization Management		

California State Prison, Centinela, Cycle 4 Medical Inspection

OBJECTIVES, SCOPE, AND METHODOLOGY

In designing the medical inspection program, the OIG reviewed CCHCS policies and procedures, relevant court orders, and guidance developed by the American Correctional Association. The OIG also reviewed professional literature on correctional medical care; reviewed standardized performance measures used by the health care industry; consulted with clinical experts; and met with stakeholders from the court, the Receiver's office, CDCR, the Office of the Attorney General, and the Prison Law Office to discuss the nature and scope of the OIG's inspection program. With input from these stakeholders, the OIG developed a medical inspection program that evaluates medical care delivery by combining clinical case reviews of patient files, objective tests of compliance with policies and procedures, and an analysis of outcomes for certain population-based metrics.

To maintain a metric-oriented inspection program that evaluates medical care delivery consistently at each State prison, the OIG identified 14 primary (clinical) and two secondary (administrative) quality indicators of health care to measure. The primary quality indicators cover clinical categories directly relating to the health care provided to patients, whereas the secondary quality indicators address the administrative functions that support a health care delivery system. The 14 primary quality indicators are *Access to Care*, *Diagnostic Services*, *Emergency Services*, *Health Information Management (Medical Records)*, *Health Care Environment*, *Inter- and Intra-System Transfers*, *Pharmacy and Medication Management*, *Prenatal and Post-Delivery Services*, *Preventive Services*, *Quality of Nursing Performance*, *Quality of Provider Performance*, *Reception Center Arrivals*, *Specialized Medical Housing (OHU, CTC, SNF, Hospice)*, and *Specialty Services*. The two secondary quality indicators are *Internal Monitoring*, *Quality Improvement*, and Administrative *Operations*; and *Job Performance*, *Training*, *Licensing*, and *Certifications*.

The OIG rates each of the quality indicators applicable to the institution under inspection based on case reviews conducted by OIG clinicians and compliance tests conducted by OIG deputy inspectors general. The ratings may be derived from the case review results alone, the compliance test results alone, or a combination of both these information sources. For example, the ratings for the primary quality indicators *Quality of Nursing Performance* and *Quality of Provider Performance* are derived entirely from the case review results, while the ratings for the primary quality indicators *Health Care Environment* and *Preventive Services* are derived entirely from compliance test results. As another example, primary quality indicators such as *Diagnostic Services* and *Specialty Services* receive ratings derived from both sources. At CEN, 14 of the quality indicators were applicable, consisting of 12 primary clinical indicators and two secondary administrative indicators. Of the 12 primary indicators, seven were rated by both case review clinicians only, and two were rated by compliance inspectors only; both secondary indicators were rated by compliance inspectors only.

Consistent with the OIG's agreement with the Receiver, this report only addresses the conditions found related to medical care criteria. The OIG does not review for efficiency and economy of operations. Moreover, if the OIG learns of an inmate-patient needing immediate care, the OIG notifies the chief executive officer of health care services and requests a status report. Additionally, if the OIG learns of significant departures from community standards, it may report such departures to the institution's chief executive officer or to CCHCS. Because these matters involve confidential medical information protected by State and federal privacy laws, specific identifying details related to any such cases are not included in the OIG's public report.

In all areas, the OIG is alert for opportunities to make appropriate recommendations for improvement. Such opportunities may be present regardless of the score awarded to any particular quality indicator; therefore, recommendations for improvement should not necessarily be interpreted as indicative of deficient medical care delivery.

CASE REVIEWS

The OIG has added case reviews to the Cycle 4 medical inspections at the recommendation of its stakeholders. At the conclusion of Cycle 3, the federal Receiver and the Inspector General determined that the health care provided at the institutions was not fully evaluated by the compliance tool alone, and that the compliance tool was not designed to provide comprehensive qualitative assessments. Accordingly, the OIG added case reviews in which OIG physicians and nurses evaluate selected cases in detail to determine the overall quality of health care provided to the inmate-patients. The OIG's clinicians perform a retrospective chart review of selected patient files to evaluate the care given by an institution's primary care providers and nurses. Retrospective chart review is a well-established review process used by health care organizations that perform peer reviews and patient death reviews. Currently, CCHCS uses retrospective chart review as part of its death review process and in its pattern-of-practice reviews. CCHCS also uses a more limited form of retrospective chart review when performing appraisals of individual primary care providers.

PATIENT SELECTION FOR RETROSPECTIVE CASE REVIEWS

Because retrospective chart review is time consuming and requires qualified health care professionals to perform it, OIG clinicians must carefully sample patient records. Accordingly, the group of patients the OIG targeted for chart review carried the highest clinical risk and utilized the majority of medical services. A majority of the patients selected for retrospective chart review were classified by CCHCS as high-risk patients. The reason the OIG targeted these patients for review is twofold:

 The goal of retrospective chart review is to evaluate all aspects of the health care system. Statewide, high-risk and high-utilization patients consume medical services at a disproportionate rate; 11 percent of the total patient population are considered high-risk and

account for more than half of the institution's pharmaceutical, specialty, community hospital, and emergency costs.

2. Selecting this target group for chart review provides a significantly greater opportunity to evaluate all the various aspects of the health care delivery system at an institution.

Underlying the choice of high-risk patients for detailed case review, the OIG clinical experts made the following three assumptions:

- 1. If the institution is able to provide adequate clinical care to the most challenging patients with multiple complex and interdependent medical problems, it will be providing adequate care to patients with less complicated health care issues. Because clinical expertise is required to determine whether the institution has provided adequate clinical care, the OIG utilizes experienced correctional physicians and registered nurses to perform this analysis.
- 2. The health of less complex patients is more likely to be affected by processes such as timely appointment scheduling, medication management, routine health screening, and immunizations. To review these processes, the OIG simultaneously performs a broad compliance review.
- 3. Patient charts generated during death reviews, sentinel events (an unexpected occurrence involving death or serious injury, or risk thereof), and hospitalizations are mostly of high-risk patients.

BENEFITS AND LIMITATIONS OF TARGETED SUBPOPULATION REVIEW

Because the selected patients utilize the broadest range of services offered by the health care system, the OIG's retrospective chart review provides adequate data for a qualitative assessment of the most vital system processes (referred to as "primary quality indicators"). Retrospective chart review provides an accurate qualitative assessment of the relevant primary quality indicators as applied to the targeted subpopulation of high-risk and high-utilization patients. While this targeted subpopulation does not represent the prison population as a whole, the ability of the institution to provide adequate care to this subpopulation is a crucial and vital indicator of how the institution provides health care to its whole patient population. Simply put, if the institution's medical system does not adequately care for those patients needing the most care, then it is not fulfilling its obligations, even if it takes good care of patients with less complex medical needs.

Since the targeted subpopulation does not represent the institution's general prison population, the OIG cautions against inappropriate extrapolation of conclusions from the retrospective chart reviews to the general population. For example, if the high-risk diabetic patients reviewed have poorly-controlled diabetes, one cannot conclude that the entire diabetic population is inadequately controlled. Similarly, if the high-risk diabetic patients under review have poor outcomes and require significant specialty interventions, one cannot conclude that the entire diabetic population is having similarly poor outcomes.

Nonetheless, the health care system's response to this subpopulation can be accurately evaluated and yields valuable systems information. In the above example, if the health care system is providing appropriate diabetic monitoring, medication therapy, and specialty referrals for the high-risk patients reviewed, then it can be reasonably inferred that the health care system is also providing appropriate diabetic services to the entire diabetic subpopulation. However, if these same high-risk patients needing monitoring, medications, and referrals are generally not getting those services, it is likely that the health care system is not providing appropriate diabetic services to the greater diabetic subpopulation.

CASE REVIEWS SAMPLED

As indicated in *Appendix B, Table B–1, CEN Sample Sets*, the OIG clinicians evaluated medical charts for 69 unique inmate-patients. *Appendix B, Table B-4, CEN Case Review Sample Summary* clarifies that both nurses and physicians reviewed charts for ten of those patients, for 79 reviews in total. Physicians performed detailed reviews of 30 charts, and nurses performed detailed reviews of 16 charts, totaling 46 detailed reviews. For detailed case reviews, physicians or nurses looked at all encounters occurring in approximately six months of medical care. Nurses also performed a limited or focused review of medical records for an additional 33 inmate-patients. These generated 1,340 clinical events for review (*Appendix B, Table B-3, CEN Event-Program*). The reporting format provides details on whether the encounter was adequate or had significant deficiencies, and identifies deficiencies by programs and processes to help the institution focus on improvement areas.

While the sample method specifically pulled only six chronic care patient records, i.e., three diabetes patients and three anticoagulation patients (Appendix B, Table B-1, CEN Sample Sets), the 69 unique inmate-patients sampled included patients with 161 chronic care diagnoses, including 11 additional patients with diabetes, for a total of 14 (Appendix B, Table B-2, CEN Chronic Care Diagnoses). The OIG's sample selection tool evaluated many chronic care programs because the complex and high-risk patients selected from the different categories often had multiple medical problems. While the OIG did not evaluate every chronic disease or health care staff member, the overall operation of the institution's system and staff were assessed for adequacy. The OIG's case review methodology and sample size matched other qualitative research. The empirical findings, supported by expert statistical consultants, showed adequate conclusions after 10 to 15 charts had undergone full clinician review. In qualitative statistics, this phenomenon is known as "saturation." The OIG asserts that the sample size of over 30 detailed reviews certainly far exceeds the saturation point necessary for an adequate qualitative review. With regard to reviewing charts from different providers, the case review is not intended to be a focused search for poorly performing providers; rather, it is focused on how the system cares for those patients who need care the most. Nonetheless, while not sampling cases by each provider at the institution, the OIG inspections adequately review most providers. Primary care providers (PCPs) would only escape OIG case review if institutional management successfully mitigated patient risk by having the more poorly performing PCPs care

for the less complicated, low-utilizing, and lower-risk patients. The OIG's clinicians concluded the case review sample size was adequate to assess the quality of services provided.

Based on the collective results of clinicians' case reviews, the OIG rated each quality indicator as either *proficient* (excellent), *adequate* (passing), *inadequate* (failing), or *not applicable*. A separate confidential *CEN Supplemental Medical Inspection Results: Individual Case Review Summaries* report details the case reviews OIG clinicians conducted and is available to specific stakeholders. For further details regarding the sampling methodologies and counts, see *Appendix B — Clinical Data, Table B-1; Table B-2; Table B-3;* and *Table B-4*.

COMPLIANCE TESTING

SAMPLING METHODS FOR CONDUCTING COMPLIANCE TESTING

From September to November 2015, deputy inspectors general attained answers to 101 objective medical inspection test (MIT) questions designed to assess the institution's compliance with critical policies and procedures applicable to the delivery of medical care. To conduct most tests, inspectors randomly selected samples of inmate-patients for whom the testing objectives were applicable and reviewed their electronic unit health records. In some cases, inspectors used the same samples to conduct more than one test. In total, inspectors reviewed health records for 367 individual inmate-patients and analyzed specific transactions within their records for evidence that critical events occurred. Inspectors also reviewed management reports and meeting minutes to assess certain administrative operations. In addition, during the week of September 14, 2015, field inspectors conducted a detailed onsite inspection of CEN's medical facilities and clinics; interviewed key institutional employees; and reviewed employee records, logs, medical appeals, death reports, and other documents. This generated 1,183 scored data points to assess care.

In addition to the scored questions, the OIG obtained information from the institution that it did not score. This included, for example, information about CEN's plant infrastructure, protocols for tracking medical appeals and local operating procedures, and staffing resources.

For details of the compliance results, see *Appendix A* — *Compliance Test Results*. For details of the OIG's compliance sampling methodology, see *Appendix C* — *Compliance Sampling Methodology*.

SCORING OF COMPLIANCE TESTING RESULTS

The OIG rated the institution in the following nine primary (clinical) and two secondary (administrative) quality indicators applicable to the institution for compliance testing:

- Primary indicators: Access to Care, Diagnostic Services, Health Information Management (Medical Records), Health Care Environment, Inter- and Intra-System Transfers, Pharmacy and Medication Management, Preventive Services, Specialized Medical Housing (OHU, CTC, SNF, Hospice), and Specialty Services.
- Secondary indicators: Internal Monitoring, Quality Improvement, and Administrative Operations; and Job Performance, Training, Licensing, and Certifications.

After compiling the answers to the 101 questions, the OIG derived a score for each primary and secondary quality indicator identified above by calculating the percentage score of all *Yes* answers for each of the questions applicable to a particular indicator, then averaging those scores. Based on those results, the OIG assigned a rating to each quality indicator of *proficient* (greater than 85 percent), *adequate* (between 75 percent and 85 percent), or *inadequate* (less than 75 percent).

DASHBOARD COMPARISONS

In the first ten medical inspection reports of Cycle 4, the OIG identified where similar metrics for some of the individual compliance questions were available within the CCHCS Dashboard, which is a monthly report that consolidates key health care performance measures statewide and by institution. However, there was not complete parity between the metrics due to differing time frames for data collecting and differences in sampling methods, rendering the metrics non-comparable. Some of the OIG's stakeholders suggested removing the Dashboard comparisons from future reports to eliminate confusion. Dashboard data is available on CCHCS's website, <u>www.cphcs.ca.gov</u>.

OVERALL QUALITY INDICATOR RATING FOR CASE REVIEWS AND COMPLIANCE TESTING

The OIG derived the final rating for each quality indicator by combining the ratings from the case reviews and from the compliance testing, as applicable. When combining these ratings, the case review evaluations and the compliance testing results usually agreed, but there were instances when the rating differed for a particular quality indicator. In those instances, the inspection team assessed the quality indicator based on the collective ratings from both components. Specifically, the OIG clinicians and deputy inspectors general discussed the nature of individual exceptions found within that indicator category and considered the overall effect on the ability of patients to receive adequate medical care.

To derive an overall assessment rating for the institution's medical inspection, the OIG evaluated the various rating categories assigned to each of the quality indicators applicable to the institution, giving more weight to the rating results for the primary quality indicators, which directly relate to the health care provided to inmate-patients. Based on that analysis, OIG experts made a considered and measured overall opinion about the quality of health care observed.

POPULATION-BASED METRICS

The OIG identified a subset of Healthcare Effectiveness Data Information Set (HEDIS) measures applicable to the CDCR inmate-patient population. To identify outcomes for CEN, the OIG reviewed some of the compliance testing results, randomly sampled additional inmate-patients' records, and obtained CEN data from the CCHCS Master Registry. The OIG compared those results to HEDIS metrics reported by other statewide and national health care organizations.

MEDICAL INSPECTION RESULTS

PRIMARY (CLINICAL) QUALITY INDICATORS OF HEALTH CARE

The primary quality indicators assess the clinical aspects of health care. As shown on the *Health Care Quality Indicators* table on page ii of this report, 12 of the OIG's primary indicators were applicable to CEN. Of those 12 indicators, seven were rated by both the case review and compliance components of the inspection, three were rated by the case review component alone, and two were rated by the compliance component alone.

Summary of Case Review Results: The clinical case review component assessed 10 of the 12 primary (clinical) indicators applicable to CEN. For these ten indicators, OIG clinicians rated one *proficient*, seven *adequate*, and two *inadequate*.

The OIG physicians rated the overall adequacy of care for each of the 30 detailed case reviews they conducted. Of these 30 cases, 24 were *adequate*, and six were *inadequate*. For the 1,340 events reviewed, there were 467 deficiencies, of which 44 were considered to be of such magnitude that, if left unaddressed, they would likely contribute to patient harm.

Adverse Events Identified During Case Review: Medical care is a complex dynamic process with many moving parts, subject to human error even within the best health care organizations. Adverse events are typically identified and tracked by all major health care organizations for the purpose of quality improvement. They are not generally representative of medical care delivered by the organization. The OIG identified adverse events for the dual purposes of quality improvement and the illustration of problematic patterns of practice found during the inspection. Because of the anecdotal description of these events, the OIG cautions against drawing inappropriate conclusions regarding the institution based solely on adverse events.

There were no adverse sentinel events identified in the case reviews at CEN.

Summary of Compliance Results: The compliance component assessed 9 of the 12 primary (clinical) indicators applicable to CEN. For these nine indicators, OIG inspectors rated five *proficient*, three *adequate*, and one *inadequate*. The results of those assessments are summarized within this section of the report. The test questions used to assess compliance for each indicator are detailed in *Appendix A*.

ACCESS TO CARE

This indicator evaluates the institution's ability to provide inmate-patients with timely clinical appointments. Areas specific to inmate-patients' access to care are reviewed, such as initial assessments of newly arriving inmates, acute and chronic care follow-ups, face-to-face nurse appointments when an inmate-patient requests to be seen, provider referrals from nursing lines, and follow-ups after hospitalization or specialty care. Compliance testing for this indicator also evaluates whether inmate-patients have Health Care Services Request forms (CDCR Form 7362) available in their housing units.

Case Review Rating: Adequate Compliance Score: Adequate (80.6%)

> **Overall Rating:** Adequate

Case Review Results

The OIG clinicians reviewed 753 provider and nurse encounters and 153 provider orders (not linked to provider visits), and identified 22 deficiencies relating to *Access to Care*. The majority of these deficiencies were due to patients not being seen in a timely manner for follow-up after specialty care, and inappropriate scheduling related to Health Care Services Request forms (CDCR Form 7362), which is further addressed in the *Quality of Nursing Performance* indicator. Appointments were timely in all other aspects reviewed, including triage and treatment area (TTA) and hospital follow-ups, intra-system transfers, and outpatient provider and nursing follow-ups. Other than the deficiencies cited above, CEN's performance was satisfactory with regard to *Access to Care*, and the case review rating was *adequate*.

Compliance Testing Results

The institution performed in the *adequate* range in the *Access to Care* indicator, with a compliance score of 80.6 percent. CEN scored in the *proficient* range in the following test areas:

- Inmates had access to Health Care Services Request forms (CDCR Form 7362) at all six housing units inspected (MIT 1.101).
- The institution ensured that all 14 sampled inmate-patients discharged from a community hospital received a PCP follow-up appointment within five days of return (MIT 1.007).
- Inspectors sampled 30 health care services request forms submitted by inmate-patients across all facility clinics. Nursing staff reviewed 26 requests (87 percent) the same day the forms were received; delinquent reviews occurred one to two days late for three requests, and the timeliness of a fourth review could not be determined because the nurse did not document the date the request form was originally received (MIT 1.003). Additionally, nursing staff completed a face-to-face visit with 28 of the 30 patients (93 percent) within one

business day of reviewing the request. The nurse encounters for two patient visits occurred l one and 13 days late (MIT 1.004).

The following test areas received scores in the *adequate range*:

- Of the nine health care services request forms sampled where nursing staff referred the inmate-patient for a PCP appointment, seven patients (78 percent) received a timely appointment, one patient received an appointment nine days late, and another patient was not seen at all (MIT 1.005). In a related area, three of the four inmate-patients for whom the PCP determined a follow-up provider appointment was necessary (75 percent) received a timely appointment, and one patient received his follow-up appointment 12 days late (MIT 1.006).
- When the OIG reviewed recent provider appointments for 30 inmate-patients with chronic care conditions, only 23 (77 percent) received or refused their appointments timely; one patient refused the service, but the refusal occurred two days late. Another six patients received their appointments between eight days and two months late (MIT 1.001).
- Inspectors sampled 28 inmate-patients who received a specialty service; 21 of them (75 percent) received a timely follow-up appointment with a PCP; untimely appointments ranged from one to 11 days late (MIT 1.008).

In the following test area, CEN scored in the *inadequate* range:

• Only 7 of the 17 inmate-patients sampled (41 percent) who transferred into CEN from other institutions and were referred to a PCP for a routine appointment based on nursing staff's initial health care screening of the patient were seen timely. For eight patients, appointments were held between 4 and 15 days late. The remaining two patients were seen 21 and 67 days late (MIT 1.002).

Recommendations

No specific recommendations.

DIAGNOSTIC SERVICES

This indicator addresses several types of diagnostic services. Specifically, it addresses whether radiology and laboratory services were timely provided to inmate-patients, whether the primary care provider (PCP) timely reviewed the results, and whether the results were communicated to the inmate-patient within the required time frames. In addition, for pathology services, the OIG determines whether the institution received a final pathology report and whether the PCP timely reviewed and communicated the pathology results to the patient. The case reviews also factor in the appropriateness, accuracy, and quality of the diagnostic test(s) ordered and the clinical response to the results.

Case Review Rating: Proficient Compliance Score: Inadequate (66.7%)

> **Overall Rating:** Adequate

For this indicator, the OIG's case review and compliance review processes yielded different results, with the case review giving a *proficient* rating and the compliance testing resulting in an *inadequate* score. As noted below, the primary reasons for the compliance testing's score of *inadequate* were radiology and pathology reports not being both received and reviewed timely, and pathology reports results also not being communicated to patients in a timely manner. The handling of pathology reports was similar to that of hospital reports (the majority of the pathology reports were for biopsies performed at hospitals). As noted in the *Health Information Management* indicator, hospital reports were routinely scanned into the eUHR without provider signatures. While providers did not properly sign the pathology reports, the provider progress notes often indicated the findings and recommendations were reviewed and the results were ultimately communicated to patients. However, as the compliance testing results demonstrated, providers often made late communications to their patients. After considering both case review and compliance testing results, the OIG inspection team concluded that the final overall rating for this indicator was *adequate*.

Case Review Results

The OIG clinicians reviewed 184 diagnostic-related events and found 21 minor deficiencies, the majority of which related to health information management. There were no significant problems with diagnostic services. In general, diagnostic services were successfully completed and performed timely. Provider progress notes indicated that most reports were reviewed timely by primary care providers, and providers notified patients of the test results. CEN performed well with regard to *Diagnostic Services*, and the clinicians rated this indicator as *proficient*.

California State Prison, Centinela, Cycle 4 Medical Inspection

Compliance Testing Results

The institution received an *inadequate* compliance score of 66.7 percent in the *Diagnostic Services* indicator, which encompasses radiology, laboratory, and pathology services. For clarity, each type of diagnostic service is discussed separately below.

Radiology Services

• All ten sampled patients received timely radiology services and corresponding test results (MIT 2.001, 2.003). However, providers only timely reviewed six of the ten test results (60 percent). While providers initialed three of the four deficient reports, they did not date any of these documents to evidence a timely review (MIT 2.002).

Laboratory Services

• For nine of ten inmate-patients sampled (90 percent), the institution timely provided laboratory services, and after which the providers timely reviewed the laboratory reports and timely communicated the results to their patients. However, one patient received his laboratory service two days late and he also never received notification of the results. Additionally, the provider did not indicate the review date for another patient's laboratory report (MIT 2.004, 2.005, 2.006).

Pathology Services

• The institution timely received the final diagnostic pathology reports for only seven of ten inmate-patients sampled (70 percent); one report was three days late, and there was no evidence that two other pathology reports were received at all or that CEN attempted to obtain them (MIT 2.007). Further, providers did not sign or date any of the corresponding pathology reports sampled to evidence their timely review, and providers also did not timely communicate results to any of the sampled patients, resulting in scores of zero for both tests. While all of the sampled patients were notified of the pathology results, they were notified between one and 28 days late, averaging eight days late (MIT 2.008, 2.009).

Recommendations

No specific recommendations.

EMERGENCY SERVICES

An emergency medical response system is essential to providing effective and timely emergency medical response, assessment, treatment, and transportation 24 hours per day. Provision of urgent/emergent care is based on a patient's emergency situation, clinical condition, and need for a higher level of care. The OIG reviews emergency response services including first aid, basic life support (BLS), and advanced cardiac life support (ACLS) consistent with the American Heart Association guidelines for

Case Review Rating: Adequate Compliance Score: Not Applicable

> **Overall Rating:** Adequate

cardiopulmonary resuscitation (CPR) and emergency cardiovascular care, and the provision of services by knowledgeable staff appropriate to each individual's training, certification, and authorized scope of practice.

The OIG evaluates this quality indicator entirely through clinicians' reviews of case files and conducts no separate compliance testing element.

Case Review Results

The OIG clinicians reviewed 90 urgent/emergent events and found 50 deficiencies, mainly in the area of nursing care and nursing review. The majority of these deficiencies were minor and did not contribute to patient harm. A few notable exceptions are discussed below. In general, CEN performed well with emergency response times, BLS and ALCS care, and 9-1-1 call activation times. Despite the deficiencies noted, the case reviews showed that most patients requiring urgent or emergent services received timely and adequate care.

Provider Performance

Providers in the triage and treatment area (TTA) generally made appropriate triage decisions and sent patients to the appropriate levels of care. The few exceptions related to inadequate management of a possible gastrointestinal bleed (also discussed in the *Quality or Provider Performance* indicator), two instances of an inappropriate method of transport to the local hospital, and two occasions where chest pain management was poor.

Nursing Performance

The OIG clinicians found a few cases in which nurses did not respond in a timely manner, perform adequate assessments, or promptly initiate care.

• In case 3, a medical alarm was activated for an unresponsive person. The TTA RN failed to promptly reassess a low oxygen saturation of 86 percent, failed to assess the blood sugar, and failed to monitor the patient until the community hospital transport arrived. A supervising registered nurse (SRN) also reviewed this event and failed to identify these deficiencies.

• In case 4, a medical alarm was activated for a patient with an altered level of consciousness. The patient was disoriented, unable to speak or follow commands, and was "foaming at the mouth." The TTA RN failed to respond within 8 minutes to the housing unit (arriving 17 minutes after alarm activation), did not promptly assess vital signs, and did not administer oxygen timely. Additionally, the nurse failed to assess the patient for signs of trauma or pupil reaction and response, and failed to establish intravenous access.

Emergency Medical Response Review Committee

- Most urgent/emergent unscheduled transfers did not contain thorough clinical reviews. While SRNs reviewed TTA flow sheets, they failed to identify deficiencies within the events. Also, the institution's Emergency Medical Response Review Committee most often performed only a timeline review. In addition to cases 3 and 4 discussed above, the SRNs also failed to identify nursing care deficiencies in cases 1, 5, 6, 7, 8, and 18.
- In cases 1, 46, 47, and 80, the emergency events were reviewed in either the Patient Safety Committee or the Emergency Medical Response Review Committee and both committees failed to identify nursing care deficiencies.

Conclusion

CEN staff provided *adequate* emergency services to patients during the time frame reviewed. The majority of deficiencies found relating to emergency services were due to inadequate assessment or documentation by nursing staff and inadequate clinical evaluations by nursing supervisors and the Emergency Medical Response Review Committee.

Recommendations

- The OIG recommends that nursing supervisors receive training in the appropriate methodology of performing post emergency response audits. Management should consider reviewing the audit results to ensure adequacy.
- The OIG further recommends that CEN leadership review the emergency medical response review process, and include a clinical review by the chief medical executive and chief nurse executive; and, maintain a record or log that includes a brief description of events, areas of deficiency, any resulting action or training, as well as proof of practice documentation.

HEALTH INFORMATION MANAGEMENT (MEDICAL RECORDS)

Health information management is a crucial link in the delivery of medical care. Medical personnel require accurate information in order to make sound judgments and decisions. This indicator examines whether the institution adequately manages its health care information. This includes determining whether the information is correctly labeled and organized and available in the electronic unit health record (eUHR); whether the various medical records (internal and external, e.g., hospital and specialty reports and progress notes) are obtained and scanned timely into the

Case Review Rating: Adequate Compliance Score: Adequate (76.0%)

Overall Rating: Adequate

inmate-patient's eUHR; whether records routed to clinicians include legible signatures or stamps; and whether hospital discharge reports include key elements and are timely reviewed by providers.

Case Review Results

CEN displayed mostly minor *Health Information Management* deficiencies and only a small number of moderate deficiencies during case review. Out of the 466 deficiencies for all indicators identified from the case reviews, 75 related to this indicator. The majority of the deficiencies were reports not properly signed by primary care providers. However, the providers did review the reports, as evidenced by orders and documentation in progress notes. The vast majority of *Health Information Management* deficiencies were considered unlikely to contribute to patient harm, so this indicator was rated *adequate*.

Inter-Departmental Transmission

A small number of deficiencies related to intended orders not being carried out across various departments. Examples included tests not performed or test results not scanned into a patient's eUHR.

Hospital Records

There were five deficiencies related to primary care providers not properly signing hospital records prior to eUHR scanning. However, it was apparent the providers reviewed the records, as evidenced by provider orders and documentation in progress notes.

Specialty Services

The OIG clinicians identified 43 *Health Information Management* deficiencies related to specialty services. The majority were providers not properly signing specialty reports. Again, it was apparent the reports were reviewed, as evidenced by provider orders and documentation in progress notes. Providers rarely failed to follow specialists' recommendations. There were three occurrences when specialists were not provided with the patients' most recent diagnostic test results or medication lists. These findings are also discussed in the *Specialty Services* indicator.

Diagnostic Reports

There were nine *Health Information Management* deficiencies related to diagnostic reports. Most of these deficiencies were instances where diagnostic reports were not found in the eUHR. One deficiency was a diagnostic report not properly signed by a primary care provider.

Scanning Performance

The majority of the 11 case reviews identified *Health Information Management* deficiencies related to scanning performance were either absent, mislabeled, or misfiled documents in patients' eUHR files. There were several instances when provider and nursing notes were not found in the eUHR.

Legibility

Most providers had both dictated and transcribed progress notes. However, there were a few occurrences of illegible signatures and progress notes, by both providers and nurses.

Miscellaneous

The OIG also noted some deficiencies relating to transcription errors.

Compliance Testing Results

The institution received an *adequate* compliance score of 76.0 percent in the *Health Information Management (Medical Records)* indicator and performed well in the following areas:

- The institution timely scanned non-dictated progress notes, patients' initial health screening forms, and requests for health care services into patients' eUHRs for all 20 documents sampled (MIT 4.001). CEN also timely scanned all 20 sampled specialty services consultant reports and 20 sampled medication administration records into the inmate-patients' eUHRs (MIT 4.003, 4.005). As a result, CEN scored 100 percent in these test areas.
- CEN timely scanned community hospital discharge reports or treatment records into the patient's eUHR for 13 of the 14 sampled reports (93 percent); one report was scanned two days late (MIT 4.004).
- Inspectors reviewed eUHR files for 14 patients sent or admitted to the hospital and found that providers reviewed the hospital discharge reports or treatment records within three calendar days of discharge for 12 patient files (86 percent). Providers reviewed the discharge report one day late for one patient and two days late for another (MIT 4.008).
- When the OIG reviewed various medical documents such as hospital discharge reports, initial health screening forms, certain medication records, and specialty services reports to ensure that clinical staff legibly documented their names on the forms, 27 of 32 samples

(84 percent) showed compliance. Five of the sampled documents contained signatures that were too illegible to ascertain the clinician's identity (MIT 4.007).

The institution scored poorly in the following two areas:

- The institution scored zero in its labeling and filing of documents scanned into inmate-patients' electronic unit health records; some documents were mislabeled, such as a primary care provider note that was scanned and labeled as a physician's orders, and other documents that were missing from the eUHR altogether. For this test, once the OIG identifies 12 mislabeled or misfiled documents, the maximum points are lost and the resulting score is zero. For the CEN medical inspection, inspectors identified a total of 13 documents that medical records staff either mislabeled or misfiled. The resulting score was zero (MIT 4.006).
- The institution scored 45 percent for the timely scanning of dictated or transcribed provider progress notes into inmate-patients' electronic health records. While sampled progress notes were timely scanned within five calendar days for 9 of 20 sampled documents, 11 sampled progress notes were scanned between one and eight days late (MIT 4.002).

Recommendations

The OIG recommends the following:

- CEN leadership review the current processes to ensure that primary care providers properly sign hospital and specialty reports. If the processes are absent or ineffective, the OIG further recommends new processes be developed and implemented to ensure providers sign these reports.
- Medical records management improve its quality control process to help reduce the number of mislabeled and improperly scanned documents entered into the eUHR, even while the institution awaits the implementation of CDCR's new electronic health record system.
- Health care management review the current document flow process to improve the scanning timeliness of dictated and transcribed provider progress notes records management staff enter into patients' charts.

HEALTH CARE ENVIRONMENT

This indicator addresses the general operational aspects of the institution's clinics, including certain elements of infection control and sanitation, medical supplies and equipment management, the availability of both auditory and visual privacy for inmate-patient visits, and the sufficiency of facility infrastructure to conduct comprehensive medical examinations. Rating of this component is based entirely on the compliance testing results from the visual observations inspectors make at the institution during their onsite visit.

Case Review Rating: Not Applicable Compliance Score: Proficient (85.4%)

Overall Rating: Proficient

Compliance Testing Results

The institution received a *proficient* compliance score of 85.4 percent in the *Health Care Environment* indicator, scoring well in most test areas, as described below:

- Clinical health care staff in nine applicable clinics ensured that reusable invasive and non-invasive medical equipment were properly sterilized or disinfected (MIT 5.102).
- OIG inspectors observed clinicians' encounters with patients in eight clinics, and all clinicians employed proper hand hygiene practices (MIT 5.104).
- The institution's non-clinic bulk medical supply storage areas met the supply management process and support the needs of the medical health care program, resulting in a score of 100 percent (MIT 5.106).
- The institution appropriately disinfected, cleaned, and sanitized nine of the ten clinics observed (90 percent); the cleaning log for one clinic indicated one day of missed cleaning in the RN examination room (MIT 5.101).
- The OIG inspected up to two exam rooms in each of CEN's ten clinics and found that the rooms in nine of those clinics (90 percent) had sufficient space and configuration to allow clinicians to perform a proper exam. The placement of the exam table in one clinic's exam room did not allow the patient to lie in a fully extended supine position on the table (Figure 1) (MIT 5.110).



Figure 1: Hindered exam table space

- Nine of the ten clinics inspected followed proper protocols to mitigate exposure to blood-borne pathogens and contaminated waste; one clinic's exam rooms did not have sharps containers (puncture resistant containers used for expended syringes) (MIT 5.105).
- Inspectors examined emergency response bags to determine if the bags were inspected daily and inventoried monthly and whether they contained all essential items. The bags were compliant in eight of the nine sampled clinical locations (89 percent) where they were stored. While medical staff inspected and inventoried all emergency response bags at required intervals, one bag did not contain a required glucose tube (an emergency medication to increase low blood sugar, a common diabetic condition) (MIT 5.111).

CEN scored in the *adequate* range in the following three test areas:

- Eight of the ten clinics inspected (80 percent) had operable sinks and sufficient quantities of hand hygiene supplies in clinical areas. In two clinics, hand sanitizer was in short supply. In one of these clinics, clinicians mixed the sanitizer with water to make it last longer, and in another clinic nursing staff reported that hand sanitizer had recently been unavailable and on back order for approximately four months (MIT 5.103).
- Eight of the ten clinic areas observed (80 percent) had an adequate environment conducive to providing medical services. In two clinic areas, health care staff performed vital sign checks in the main hallway near the holding cell where other patients waited, compromising privacy (MIT 5.109).
- Eight of the ten clinics (80 percent) followed adequate medical supply storage and management protocols. However, medical supply cabinets were not clearly labeled in one clinic, and personal food items such as sugar and coffee were stored adjacent to a medical supply storage unit in a second clinic (MIT 5.107).

The institution scored in the *inadequate* range in the following area:

• The institution furnished only four of ten clinics (40 percent) with essential supplies and core equipment necessary to conduct a comprehensive exam. Examples of missing items included a bio-hazard waste can, hemoccult cards and developer, lubricating jelly, nebulization unit, peak flow meter, exam table, and Snellen vision chart (MIT 5.108).

Other Information Obtained from Non-Scored Results

The OIG gathered information to determine if the institution's physical infrastructure was maintained in a manner that supported health care management's ability to provide timely or adequate health care. This question was not scored. When OIG inspectors interviewed health care management, staff did not have concerns about the facility's infrastructure or its effect on the staff's ability to provide adequate health care. The institution had a master infrastructure project underway

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that included renovation of CEN's existing clinics in facilities A, B, C, and D, and its central health services building, and construction of a separate new clinical treatment space in the administrative segregation unit. The project was on track with completion dates targeted for December 2017 (MIT 5.999).

Recommendations for CCHCS

• Develop a statewide policy to identify required core equipment and supplies for all clinical settings, including the TTA, R&R, inpatient units, and primary care clinics.

Recommendations for CEN

The OIG recommends the institution do the following:

- Properly stock and maintain all clinic areas with a full complement of core equipment such as Snellen vision charts (with established distance markers), nebulization units, and peak flow meters. In addition, all exam areas should have an exam table, and exam rooms where providers work should be stocked with lubricating jelly and hemoccult cards and developer.
- Stock all clinical areas with adequate disinfectant supplies where appropriate, and ensure that all exam rooms have a sharps container and bio-hazard waste container to mitigate exposure to blood-borne pathogens and contaminated waste.
- Require supervisors to routinely inspect all medication and medical supply storage areas to ensure that personal food and beverage items are only stored temporarily in approved designated areas and that personal items are not stored overnight or temporarily stored in medication and medical supply storage areas.

INTER- AND INTRA-SYSTEM TRANSFERS

This indicator focuses on the management of inmate-patients' medical needs and continuity of patient care during the inter- and intra-facility transfer process. The patients reviewed for *Inter- and Intra-System Transfers* include inmates received from other CDCR facilities and inmates transferring out of CEN to another CDCR facility. The OIG review includes evaluation of the institution's ability to provide and document health screening assessments, initiation of relevant referrals based on patient needs, and the continuity of medication delivery to patients arriving from another

Case Review Rating: Adequate Compliance Score: Proficient (90.0%)

> **Overall Rating:** Proficient

institution. For those patients, the OIG clinicians also review the timely completion of pending health appointments, tests, and requests for specialty services. For inmate-patients who transfer out of the facility, the OIG evaluates the ability of the institution to document transfer information that includes pre-existing health conditions, pending appointments, tests and requests for specialty services, medication transfer packages, and medication administration prior to transfer. The OIG clinicians also evaluate the care provided to patients returning to the institution from an outside hospital and check to ensure appropriate implementation of the hospital assessment and treatment plans.

For this indicator, the OIG's case review and compliance review processes yielded different results, with the case review giving an *adequate* rating and the compliance testing resulting in a *proficient* score. The OIG's internal review process considered the factors leading to both scores and ultimately rated this indicator as *proficient*. The key factors were that the OIG's case review showed most deficiencies were minor and related to incomplete Health Care Transfer Information forms (CDCR Form 7371). However, these deficiencies ultimately did not affect patient care, as the information on these forms was also on the electronic Patient Summary in the Patient Health Information Portal. After considering the test results for both compliance and case review, the OIG inspection team concluded that the compliance rating of *proficient* was the correct overall rating for this indicator.

Case Review Results

Clinicians reviewed 52 encounters relating to *Inter- and Intra-System Transfers*, including information from both the sending and receiving institutions. These included 29 hospitalization and emergency room events, each of which resulted in a transfer back to the institution. In general, the inter- and intra-system transfer processes at CEN were adequate, with the majority of inmates transferring to CEN receiving timely continuity of health care services. While there were no major issues found in the cases reviewed, there were a few deficiencies regarding nursing assessment and documentation and the thorough completion of transfer forms. Some examples are listed below.

Transfers Out

- In case 42, the receiving and release (R&R) nurse failed to thoroughly complete the Health Care Transfer Information form (CDCR Form 7371). The ophthalmology follow-up was not listed. Further, the mobility device (cane), ankle and knee braces, and orthotic shoes were also not listed.
- In case 43, the R&R nurse failed to thoroughly complete the CDCR Form 7371. The colonoscopy and ophthalmology due dates were not listed.

Hospitalizations

Patients returning from hospitalizations are some of the highest risk encounters due to two factors. First, these patients are generally hospitalized for a severe illness or injury. Second, they are at risk due to potential lapses in care that can occur during any transfer. At CEN, patients returning from the hospital were processed by the TTA nurse and then seen timely by the primary care provider. This process worked well for the majority of hospitalization events reviewed. However, the OIG identified some deficiencies in nursing assessment and documentation.

- In cases 6 and 56, the nurse failed to document receipt and review of hospital discharge recommendations.
- In case 47, the nurse failed to assess brain and spinal surgical incision sites.
- In case 57, the nurse failed to document the location of pain and provide a corresponding assessment. Additionally, the nurse failed to document the presence of a cervical collar.

Onsite Visit

During the onsite visit, the OIG clinicians confirmed previous conclusions reached during the case reviews related to inter- and intra-system transfer processes. Those conclusions were that the transfer system generally functioned well and that nursing leadership reported full implementation of the statewide transfer process. However, the following areas of concern were identified:

• While the nursing supervisors audit medication continuity, they do not proactively assess the intake nursing care and thoroughness of transfer information. Additionally, the RNs assigned to conduct initial intake assessments do not receive structured training.

Compliance Testing Results

The institution obtained a *proficient* compliance score of 90.0 percent in the *Inter- and Intra-System Transfers* indicator, scoring 100 percent in three of the five areas tested, as described below:

- Transfer packages included the required medications and related documentation for all five applicable inmate-patients who transferred out of the institution during onsite testing at the inspection (MIT 6.101).
- Inspectors sampled 30 patients who transferred into CEN from another institution to ensure that the patient received a timely health screening upon arrival at the institution. Twenty-four of these patents required that an RN timely perform an assessment of the patient. In each applicable instance, the RN properly timely completed the assessment and disposition section of the Initial Health Screening (CDCR Form 7277) on the day of arrival (MIT 6.002).
- Health care staff correctly listed the patients' pending specialty service appointments on the Health Care Transfer Information form (CDCR Form 7371) for all 20 sampled inmate-patients who transferred out of CEN to another CDCR institution (MIT 6.004).

The institution scored within the *adequate* range for the following test:

• The OIG reviewed the initial health screening forms for 30 inmate-patients who transferred into CEN from another CDCR institution. Nursing staff conducted timely and complete screenings for 25 of those patients sampled (83 percent). However, inspectors found five sampled patient forms with inadequately documented screening information. For four of the patient screenings, nurses did not properly answer all of the required screening questions. Examples of unanswered or insufficiently completed questions related to medications prescribed, mental health and medical conditions, health care needs or complaints, and primary language spoken. For one additional sampled patient, either nursing staff did not complete or medical records staff did not correctly scan the first page of the patient's initial health screening form into the eUHR (MIT 6.001).

The institution has an opportunity for improvement in the following area:

• Six of 30 sampled inmate-patients who transferred into CEN had an existing medication order that required nursing staff to administer or deliver the medication upon the patients' arrival. Four of those six patients (67 percent) received their medications without interruption. One patient received his medication four days after arrival, and no eUHR evidence was found to demonstrate that another patient ever received or refused his medication (MIT 6.003).

Recommendations

- The OIG recommends that nursing staff undergo structured training and complete competency testing prior to conducting initial R&R intake assessments.
- The OIG recommends that health care management ensure that a standardized methodology and process is followed by supervising registered nurses to better assess the nursing care and completeness of R&R transfer forms.

PHARMACY AND MEDICATION MANAGEMENT

This indicator is an evaluation of the institution's ability to provide appropriate pharmaceutical administration and security management, encompassing the process from the written prescription to the administration of the medication. By combining both a quantitative compliance test with case review analysis, this assessment identifies issues in various stages of the medication management process, including ordering and prescribing, transcribing and verifying, dispensing and delivering, administering, and documenting and reporting. Because effective medication management is affected by numerous entities across

Case Review Rating: Adequate Compliance Score: Adequate (78.2%)

> **Overall Rating:** Adequate

various departments, this assessment considers internal review and approval processes, pharmacy, nursing, health information systems, custody processes, and actions taken by the PCP prescriber, staff, and patient.

Case Review Results

Case review results indicated that for the majority of cases, patients received their medications timely and as prescribed. CEN also adequately maintained medication continuity for patients returning from a hospitalization. The following few deficiencies were found:

- Six deficiencies related to nurses not documenting administration of medications in the medication administration records.
- Four deficiencies related to nurses not administering prescribed medications.
- A patient with a possible gastrointestinal bleed received aspirin, which can increase bleeding. Another patient received inappropriately dispensed omeprazole (a medication to reduce stomach acid).
- There were a few instances when medication refusal forms were not completed.

Compliance Testing Results

The institution received an *adequate* compliance score of 78.2 percent for the *Pharmacy and Medication Management* indicator. For discussion purposes below, this MIT is divided into three sub-indicators: Medication Administration, Observed Medication Practices and Storage Controls, and Pharmacy Protocols.

Medication Administration

For this sub-indicator, the institution received an average score of 67 percent and could improve in the following two areas:

- Nursing staff did not document any medical administration record (MAR) evidence that they administered the prescribed medications to the only inmate-patient who, during the sample test period, was en route from one institution to another and who had a temporary layover at CEN. As a result, the institution received a zero for this test. There were no other transferring patients with prescribed medications identified for this test (MIT 7.006).
- The institution timely provided hospital discharge medications to 10 of 14 patients sampled (71 percent) who had returned from a community hospital; the remaining four patients received their medications from one to three days late (MIT 7.003).

CEN performed well in the following three areas of this sub-indicator:

- The institution timely administered patients' new medication orders for 27 of 30 samples inspectors selected for review, receiving a *proficient* score of 90 percent for this test. Two patients received medications 2 and 41 days late, and one patient did not receive his medication at all (MIT 7.002).
- CEN ensured that 27 of 30 patients sampled (90 percent) received their medications without interruption when they transferred from one housing unit to another; the remaining three patients either had unexplained missed doses or a lack of eUHR evidence to demonstrate they timely received their medication at the proper dosing interval (MIT 7.005).
- Patients timely received chronic care medications for 24 of 29 samples reviewed (83 percent). One patient did not receive all ordered medications or receive required counseling for any of the four dates in which he missed medication doses. Another patient received his medications one and two days late, while a third patient continued to receive an incorrect insulin dosage amount for 13 days after the provider initially changed the order. Finally, two patients did not receive their medications at all (MIT 7.001).

Observed Medication Practices and Storage Controls

For this sub-indicator, the institution received an average score of 86 percent, and performed well in five areas:

- The institution employed strong medication security controls over narcotic medications in nine applicable clinic and medication line locations sampled that stored narcotics (MIT 7.101).
- The institution properly stored non-narcotic medications that do not require refrigeration at all 13 of the applicable clinics and medication line storage locations inspected (MIT 7.102).
- The institution properly stored non-narcotic medications that require refrigeration at eight of the nine applicable clinics, receiving a score of 89 percent. At one clinic location, a medication refrigerator was periodically operating outside of the approved temperature range (MIT 7.103).
- Nursing staff followed proper hand hygiene contamination control protocols at six of the seven inspected medication preparation and medication administration locations (86 percent) (MIT 7.104). Further, the clinical staff employed appropriate administrative controls and followed proper protocols during medication preparation at all seven of the areas (MIT 7.105).

CEN has an opportunity for improvement in the following area:

• OIG inspectors observed medication protocols at seven different CEN medication locations or medication times, including all four of the institution's outdoor medication line locations. Inspectors found that none of the outdoor medication locations had adequate overhang or shade protection to shield patients from extreme heat or inclement weather while waiting to receive their medications (Figure 2). As a result, the institution only scored 43 percent for this test (MIT 7.106).



Figure 2: Unprotected medication pickup window with no shade cover for waiting patients

Pharmacy Protocols

For this sub-indicator, the institution received an average score of 80 percent, including individual test scores of 100 percent in the following test areas:

• In its main pharmacy, the institution followed general security, organization, and cleanliness management protocols; properly stored both refrigerated and non-refrigerated medications; and maintained adequate controls and properly accounted for narcotic medications (MIT 7.107, 7.108, 7.109, 7.110).

While the institution performed proficiently in most of the tests in this sub-indicator, the following area presents opportunity for improvement:

• The institution's pharmacist-in-charge (PIC) did not follow key medication error reporting protocols. More specifically, the PIC followed required protocols for zero of the 17 sampled medication errors reviewed. For 15 of these errors, the PIC did not complete the required error follow-up reports at all. For two other medication errors, the PIC completed the required follow-up report, but failed to date it. As a result, inspectors could not establish whether the PIC timely completed either of the medication error follow-up reports (MIT 7.111).

Other Information Obtained from Non-Scored Results

In addition to testing reported medication errors, OIG inspectors follow up on any significant medication errors found during the case reviews or compliance testing to determine whether the institution properly identified and reported errors. At CEN, the OIG did not find any applicable medication errors subject to this test (MIT 7.998).

The OIG tested inmate-patients in isolation units to determine if they had immediate access to their prescribed KOP rescue inhalers and nitroglycerin medications. Each of the four applicable inmates interviewed indicated he had possession of his prescribed rescue medication or cited "refusal" as the reason the medication was not in his possession (MIT 7.999).

Recommendations

No specific recommendations.

PREVENTIVE SERVICES

This indicator assesses whether various preventive medical services are offered or provided to inmate-patients. These include cancer screenings, tuberculosis screenings, and influenza and chronic care immunizations. This indicator also assesses whether certain institutions take preventive actions to relocate inmate-patients identified as being at higher risk for contracting coccidioidomycosis (valley fever).

Compliance Testing Results

The institution performed well in the *Preventive Services* indicator, with a *proficient* compliance score of 85.6 percent. The stronger areas are described below:

- Inmate-patients timely received or were offered influenza vaccinations during the most recent influenza season for all 30 patients sampled (MIT 9.004).
- The institution scored 89 percent for administering anti-tuberculosis medications (INH) to inmate-patients; 24 of 27 patients sampled timely received all required INH doses during the three-month test period. The medication administration records indicated one missed dose (each) for two patients, and the entire month's medication administration record was missing from a third patient's record. In a related area, the institution completed the required monthly tuberculosis monitoring for all 27 patients reviewed (MIT 9.001, 9.002).
- CEN offered colorectal cancer screenings to 27 of 30 sampled inmate-patients subject to the annual screening requirement (90 percent). For three sampled patients, there was no evidence the institution offered a colon cancer screening within the previous twelve months or that the patient received a normal colonoscopy within the previous ten years. Additionally, one of those patients received a colonoscopy with negative results in 2011, but the institution did not provide a follow-up procedure in one year as recommended by the specialist (MIT 9.005).

The institution scored within the *adequate* range for the following test:

• The OIG tested whether the institution offered required influenza, pneumonia, and hepatitis vaccinations to patients who suffered from a chronic care condition; 11 of the 13 patients sampled (85 percent) received them; two patients were not offered a pneumonia vaccination (MIT 9.008).

Case Review Rating: Not Applicable Compliance Score: Proficient (85.6%)

Overall Rating: Proficient The institution could improve in the following area:

• OIG inspectors sampled 30 inmate-patients to determine whether they received a tuberculosis screening within the last year. Fifteen of the sampled patients were classified as Code 34 (subject only to an annual signs and symptoms check), and 15 sampled patients were classified as a Code 22 (requiring an annual tuberculosis skin test in addition to a signs and symptoms check). CEN scored 50 percent for conducting annual tuberculosis screenings. Although the institution screened all 30 sampled patients for tuberculosis within the prior year all, only the 15 patients classified as Code 22 were properly tested. More specifically, for each Code 22 patient sampled, inspectors identified one or more of the following exceptions: nursing staff did not document either the specific administered (start) or read (end) date and time to evidence the test was completed within the required 48-to-72-hour time frame; an LVN read the test results rather than an RN, public health nurse, or primary care provider; or nursing staff who read the test results did not indicate whether they were RNs or LVNs (MIT 9.003).

Recommendations

No specific recommendations.

QUALITY OF NURSING PERFORMANCE

The *Quality of Nursing Performance* indicator is a qualitative evaluation of the institution's nursing services. The evaluation is completed entirely by OIG nursing clinicians within the case review process, and, therefore, does not have a score under the compliance testing component. The OIG nurses conduct case reviews that include reviewing face-to-face encounters related to nursing sick call requests identified on the Health Care Services Request form (CDCR Form 7362), urgent walk-in visits, referrals

Case Review Rating: Inadequate Compliance Score: Not Applicable

> **Overall Rating:** Inadequate

for medical services by custody staff, registered nurse (RN) case management, RN utilization management, clinical encounters by licensed vocational nurses (LVNs) and licensed psychiatric technicians (LPTs), and any other nursing service performed on an outpatient basis. The OIG case review also includes activities and processes performed by nursing staff that are not considered direct patient encounters, such as the initial receipt and review of CDCR Form 7362 service requests and follow-up with primary care providers and other staff on behalf of the patient. Key focus areas for evaluation of outpatient nursing care include appropriateness and timeliness of patient triage and assessment, identification and prioritization of health care needs, use of the nursing process to implement interventions including patient education and referrals, and documentation that is accurate, thorough, and legible. Nursing services provided in the correctional treatment center (CTC) are reported under the *Specialized Medical Housing* indicator. Nursing services provided in the triage and treatment area (TTA) or related to emergency medical responses are reported under *Emergency Services*.

Case Review Results

The OIG clinicians reviewed 85 CEN outpatient nursing encounters and identified 42 deficiencies related to nursing performance. As a whole, the institution's outpatient nursing performance was rated *inadequate*.

The outpatient nurses at CEN consistently failed to perform face-to-face assessments when Health Care Services Request forms (CDCR Form 7362) noted symptom complaints. Frequently the outpatient nurses initiated primary care provider (PCP) appointments without performing face-to-face assessments, and inmate-patients often waited weeks to see a provider. Additionally, the outpatient nurses sometimes failed to perform immediate face-to-face assessments when necessary, and did not always formulate an appropriate plan of care. While many of these patients had chronic stable complaints, and ultimately received adequate care, the pattern of failing to perform face-to-face assessments appropriately increased the potential for patient harm.

Some noted examples where a nursing face-to-face encounter did not occur included the following:

- In case 27, the patient had wrist pain and submitted a Health Services Request form (CDCR Form 7362). The RN failed to perform a face-to-face assessment. A PCP appointment occurred 12 days later.
- In case 28, the patient complained of headaches and dizziness and submitted a CDCR Form 7362. The RN failed to perform a face-to-face assessment.
- In case 32, the patient had testicular pain and submitted a CDCR Form 7362. The RN received and reviewed the complaint but failed to perform an immediate RN assessment. Instead, The RN made a PCP referral that occurred 11 days later.
- In case 33, the patient had a foot complaint and requested shoe support or a "different type of shoe." The RN failed to perform a face-to-face assessment.
- In case 34, the patient had shoulder and knee pain and submitted a CDCR Form 7362. The RN failed to perform a face-to-face assessment.
- In case 50, the patient submitted a CDCR Form 7362. He had foot pain, inquired about the status of his glasses, and requested to see a cardiologist regarding his heart and chest pain. The RN failed to perform a face-to-face assessment. Instead, his PCP saw him three weeks later.
- In case 51, the patient reported foot complaints and that he thought his toe was infected. The RN failed to perform a face-to-face assessment.
- In case 52, the patient requested medication for toenail fungus. The RN failed to perform a face-to-face assessment. Instead, a PCP saw him 17 days later.

Some noted examples where nursing face-to-face encounters occurred, but not within the time frame warranted by the patient's symptomology:

- In case 57, a CDCR Form 7362 was submitted for a penile infection. The next business day, an RN visit occurred. The nurse initiated a routine PCP visit. Ten days later an additional CDCR Form 7362 was submitted for severe penile pain. On both occasions, the nurse failed to perform an immediate face-to-face assessment.
- In case 58, a CDCR Form 7362 was submitted for headache and "irregular heartbeats." The RN failed to perform a same-day face-to-face assessment. At the RN visit, the patient also complained of chest discomfort. The RN failed to perform a thorough assessment which lacked details about duration and activity at the time of chest pain and examination of the chest and lungs. However, the RN referred the patient to a PCP on the same day as the face-to-face visit.

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• In case 16, the patient had chest pain radiating to the left arm. The supervising registered nurse (SRN) failed to assess the chest pain duration and activity at the time of pain. Additionally, the nurse failed to perform an electrocardiogram (EKG) or contact the PCP. The nurse instead ordered a 14-day PCP appointment.

The following are two notable examples of when nursing face-to-face encounters resulted in nurses not formulating an appropriate care plan:

- In case 23, the nurse saw the patient for hip pain. The nurse inappropriately issued naproxen when the patient had an allergy to ibuprofen. Patients are often allergic to both of these two pain medications.
- In case 25, the nurse saw a patient who had been experiencing foot numbness, bruising, and pain for two weeks. The patient had diabetes and chronic hepatitis C. The nurse inappropriately advised the patient to apply heat or ice to his feet and to continue pain medications (aspirin and ibuprofen). The nurse failed to assess the patient's bruises and use of pain medication, and also failed to recognize that the application of heat or ice to a patient with diabetic neuropathy could potentially cause harm. Additionally, the nurse failed to initiate a PCP referral.

Onsite Visit

During the onsite visit, the OIG clinicians visited the outpatient medical clinics. Clinics A, B, and C were undergoing renovation, with the mediation lines and health care appointments temporarily conducted in the gymnasium. A daily morning huddle occurred and included the PCP, RN, medication LVN, clinic LVN, office technician, a custody officer, and a dental staff member.

While reviewing the scheduling process, 20 original CDCR Form 7362s were found in the medical clinics. These sick call forms with symptom complaints had been reviewed by an outpatient RN or SRN and referred to a PCP without a nurse face-to-face appointment. The RN paper review dated back to September 5, 2015 (the OIG clinician's onsite visit took place on November 3 and 4, 2015). The patient complaints included abdominal pain, chest pain, high blood pressure, headaches, musculoskeletal pain, throat concerns, dandruff, and medication side effects or reactions. At one of the yard clinics, the RN stated that on weekends, the SRN received and reviewed each yard's CDCR Form 7362s. The SRN then documented on each form whether the patient required an RN or PCP appointment. The RN further told OIG clinicians that RN referrals were often changed to PCP referrals, bypassing nursing visits. This practice was unsafe and concerning as there was an unacceptable delay in having symptomatic patients seen by health care staff. The OIG clinicians provided copies of the 20 original documents to the chief nurse executive and discussed them with the CEO.

Conclusion

The institution performed poorly for this indicator. While the OIG clinicians identified only two significant deficiencies (cases 32 and 50), the pattern of inappropriate and untimely triage showed a major system deficiency. Fortunately, for most patients with acute high-risk conditions, other aspects of the health care system allowed them to ultimately receive needed care.

Recommendations

- The OIG recommends training for nurses, providers, and office technicians in the sick call process, with an emphasis on the need for symptomatic patients to be seen in a timely manner.
- The OIG recommends the chief nurse executive develop specific clinic supervising RN expectations to improve accuracy, monitoring, and auditing activity, such as that of the sick call performance, in the medical clinics.

QUALITY OF PROVIDER PERFORMANCE

In this indicator, the OIG physicians provide a qualitative evaluation of the adequacy of provider care at the institution. Appropriate evaluation, diagnosis, and management plans are reviewed for programs including, but not limited to, nursing sick call, chronic care programs, TTA, specialized medical housing, and specialty services. The assessment of provider care is performed entirely by OIG physicians. There is no compliance testing component associated with this quality indicator.

Case Review Rating: Adequate Compliance Score: Not Applicable

> **Overall Rating:** Adequate

Case Review Results

The OIG clinicians reviewed 417 CEN medical provider encounters and 153 provider orders (not associated with provider visits) and identified 72 deficiencies related to provider performance. The OIG clinicians also reviewed 30 cases, concluding that 24 were *adequate* and 6 were *inadequate*. As a whole, CEN provider performance was *adequate*.

Assessment and Decision-Making

The large majority of provider encounters and orders reviewed demonstrated adequate assessment and sound medical decision-making. While the OIG noted numerous provider performance deficiencies related to assessment and medical decision-making, the majority of which had a low potential for patient harm. The more serious deficiencies are discussed below.

- Several cases displayed inappropriate management of medications. Some medications, such as narcotics and non-steroidal anti-inflammatory drugs, were prescribed when they should not have been (cases 51 and 60). In other instances, the provider inappropriately discontinued antibiotics or diabetes medications (cases 55 and 64).
- In case 48, the provider failed to adequately address diagnostic tests that indicated kidney failure. Additionally, the patient was not transferred out of the institution in a timely manner, despite the possibility of sepsis.
- Cases 54 and 58 involved patients with signs and symptoms of gastrointestinal bleeding. The providers failed to adequately assess the patients (including history-taking and physical examinations); failed to appropriately order diagnostic tests; and failed to order appropriate follow-up intervals.
- Case 64 involved a patient who complained of ear pain and hearing loss. The investigation into the possible causes of his symptoms was inadequate, as were the prescribed treatments for his complaints.

Review of Records

As noted in the *Health Information Management* indicator, providers generally reviewed diagnostic reports, specialty reports, and hospital reports in a timely manner when available, and with adequate thoroughness. However, there were a few deficiencies:

- There were several occasions when providers failed to review nursing visits and diagnostic tests, which occurred adjacent to provider visits. As a result, various issues that should have been addressed were not.
- Case 60 involved a patient who was being treated for a number of medical issues. Several of his blood pressure and eye disease medications were not renewed in a timely manner.

Emergency Care

Providers generally made appropriate triage decisions when patients presented emergently to the TTA. There were two notable exceptions (also discussed in the *Emergency Services* indicator).

- Case 3 involved an inappropriate method of transportation (State vehicle rather than an ambulance) for a patient who had overdosed and had responded to the temporary antidote naloxone.
- Case 60 involved inadequate treatment of possible cardiac chest pain.

Chronic Care

The chronic care performance was adequate, with appropriate monitoring, assessments, and interventions. A few negative patterns emerged:

- The management of anticoagulation (using medication to treat blood clots) was sometimes suboptimal (cases 59, 60, and 61), although these patients ultimately reached their therapeutic goals.
- The management of diabetic care was also suboptimal at times. Providers routinely failed to review fasting blood glucose levels, interventions for uncontrolled diabetes were not always adequate, and the follow-up intervals were not always appropriate (cases 63 and 64).

Specialty Services

Review of records pertaining to specialty services revealed that CEN providers requested specialty services appropriately. As is noted in the *Specialty Services* indicator, while specialty reports were not always properly signed by a primary care provider, it was evident the reports were reviewed. Providers only rarely failed to implement specialty recommendations. The majority of specialty recommendations resulted in appropriate actions by the primary care providers.

Health Information Management

The majority of provider notes were dictated and, therefore, legible. As noted in the *Health Information Management* indicator, OIG clinicians did not find some providers' progress notes in the eUHR.

Onsite Inspection

The providers at CEN were content with their work, leadership, and ancillary services. Despite the remote location of CEN, the providers expressed that the setting was tolerable, due in part to the four 10-hour work days per week, and also due to the cordial working relationships with nursing and custody staff. The OIG's discussion with the providers and the medical management team revealed a leadership dedicated to excellence and continuous quality improvement.

Provider meetings occurred once weekly at CEN and were informative and educational. Clinician huddles occurred every morning in the respective yards, and were also informative and thorough. Multiple issues were covered daily, including which yard patients were seen by the provider-on-call or in the TTA the day prior, which patients were transferred in or out from specialty appointments or hospitals, significant diagnostic reports, patients transferring to or from other institutions, medication-related issues, miscellaneous issues needing to be addressed, scheduling, and clinic efficiency.

Pharmacy and Medication Management

CEN's medication continuity for patients returning from a hospital was satisfactory. As noted previously, while specialty reports were not always properly signed, the recommendations (including medications) were usually implemented.

Recommendations

The OIG recommends providing additional provider training in the management of anticoagulation, diabetes, and gastrointestinal bleeding.

SPECIALIZED MEDICAL HOUSING (OHU, CTC, SNF, HOSPICE)

This indicator addresses whether the institution follows appropriate policies and procedures when admitting inmate-patients to onsite inpatient facilities, including completion of timely nursing and provider assessments. The chart review assesses all aspects of medical care related to these housing units, including quality of provider and nursing care. CEN's only specialized medical housing unit is a correctional treatment center (CTC).

For this indicator, the OIG's case review and compliance review

Case Review Rating: Inadequate Compliance Score: Proficient (98.0%)

> **Overall Rating:** Adequate

processes yielded different results, with the case review giving an *inadequate* rating and the compliance testing resulting in a *proficient* score. While each area's results are discussed in detail below, the result variance is readily explained by the different testing approaches. For example, CTC documents may have been present in the medical record as required by policy, and the finding was positively reflected in the compliance score. However, the clinical quality of those same documents may have been poor and negatively reflected in the case review rating. After considering both case review and compliance testing results, the OIG inspection team determined the final overall rating was *adequate*.

Case Review Results

The CTC at California State Prison, Centinela, contained 13 licensed beds at the time of our inspection. A total of 194 provider encounters, 27 provider orders, and 221 nursing encounters were reviewed in 14 cases. These included admissions for medical conditions (including palliative care) and admissions for patients requiring assistance with their activities of daily living.

Provider Performance

Provider performance in the CTC was acceptable. Of the 194 encounters and 27 provider orders, only 15 deficiencies were identified, and of those, three were serious enough to potentially cause patient harm.

- In case 48, there were two significant deficiencies. First, the provider failed to address diagnostic test results indicating kidney failure. Second, a provider noted the possibility of sepsis but did not send the patient out for further evaluation and treatment in a timely manner. This case is also discussed in the *Quality of Provider Performance* indicator.
- In case 54, the provider failed to adequately address the signs of symptoms of possible gastrointestinal bleeding. This case is also discussed in the *Quality of Provider Performance* indicator.

Nursing Performance

Nursing performance in the CTC was inadequate. Within the 221 nursing encounters reviewed, 172 deficiencies were identified; 20 of these deficiencies were serious enough to potentially cause patient harm.

The nursing care teams in the CTC consisted of a registered nurse (RN), a licensed vocational nurse (LVN), and a certified nursing assistant (CNA). Consistently, the documentation varied and displayed disparities. During case review, RN assessments were usually inadequate. For example, the cardiac assessment was most often recorded as "denies chest pain." In addition, wounds were not thoroughly assessed or documented. When acute events occurred, the nurses often failed to recognize the gravity of the events, and failed to appropriately intervene. Some examples are listed below.

- In case 48, the patient had abnormal respirations at 2:00 a.m., and the nurse noted "chest x-ray normal" two days prior. The nurse failed to take vital signs or examine the lungs. At 7:00 a.m., the patient's respirations were shallow and he complained of difficulty breathing. Another nurse documented, "inmate-patient has COPD, oxygen saturation within normal limits. No oxygen at this time." This nurse also failed to examine the chest and lungs adequately or administer oxygen. At 12:45 p.m., a breathing treatment was initiated. Again, the nurse failed to examine the patient's lungs before or after treatment. At 2:00 p.m., the patient had increased respirations and shortness of breath. The LVN failed to document the respiratory rate. A provider was contacted, who ordered oxygen and an electrocardiogram (EKG). At 3:00 p.m., the provider ordered the patient to be transferred to an emergency department to rule out a pulmonary embolism (blood clot in the lungs). The nurse also failed to examine the vital signs, chest, lungs, and check for leg swelling or tenderness, obtain intravenous access, or start cardiac monitoring. In addition, the CTC staff failed to provide adequate care of the patient's bedsore.
- In case 54, the patient was admitted to the CTC with end-stage pulmonary disease. He had multiple medical diagnoses, including congestive heart failure and arthritis. On several occasions, nurses failed to examine his lungs before and after breathing treatments. The patient had symptoms of internal bleeding on several occasions. The LVN did not inform the RN about these symptoms; as a result, assessments and appropriate interventions were not completed. The nurses continued to administer aspirin despite this evidence of bleeding. The OIG identified legacy notes during this time, which may have contributed to the lack of proper care.
- In case 55, the patient was admitted to the CTC for poorly controlled end-stage liver disease, seizures, poor mobility, and generalized weakness. When the patient had a prolonged seizure, the CTC RN failed to promptly assess his airway, breathing, and circulation; failed to assess vital signs for 22 minutes; failed to assess pupils, obtain a blood glucose level, or

initiate continuous oxygen saturation monitoring; and failed to obtain intravenous access. Throughout the review of this case, the CTC nurses often failed to perform some focused assessments, such as when the patient's abdomen was distended. In addition, when the patient had multiple lacerations on his forehead, forearm, and thumb, the patient was documented to have normal skin. When the patient (with a recent history of two falls) was dizzy and disoriented, the nurses failed to assess vital signs, and one encounter lacked any nursing assessment. In addition, this case showed poor communication among health care staff. When this patient with end-stage liver disease and epilepsy developed symptoms of confusion, the nurses failed to alert the providers.

- In case 56, the patient was admitted to the CTC for a worsening rash and painful, swollen arms. The nurses on more than one occasion failed to provide a detailed skin assessment. The RN failed to assess for neck swelling or difficulty swallowing. The nurse also failed to examine the throat. Additionally, the nurse did not check the patient's blood pressure because both arms were swollen and painful; a leg blood pressure check should have been performed. For this problem, a provider was contacted, who ordered the patient transported to an emergency room.
- In case 56, the first shift RN used the same computer-generated, "cloned" or legacy documentation on 14 occasions. Legacy documentation was also identified in cases 54 and 55.

Onsite Visit

During the onsite interview, OIG clinicians asked the CTC's SRN how nursing quality was measured. OIG clinicians learned that the first watch RN only performed a nursing chart audit. This audit consisted of various items, such as whether or not a history and physical examination was completed within 24 hours of admission; whether all medications, diet, and activities were reordered after 30 days; and, whether all labs were ordered, noted, and followed up upon; etc. Unfortunately, this audit was not reviewed by the CTC SRN to ensure accuracy. Further, there was no formal protocols in place that require CTC SRNs to perform clinical care audits that measure the quality of care provided.

Compliance Testing Results

The institution received a *proficient* compliance score of 98.0 percent for the *Specialized Medical Housing* indicator, which focused on the institution's correctional treatment center. The institution scored in the *proficient* range for all of the indicator's test areas, including the following:

• When the OIG sample tested the working order of call buttons in CTC patient rooms, all inspected call buttons were working properly. In addition, according to staff interviews, custody officers and clinicians were able to efficiently respond and access inmate-patients' rooms in less than one minute when an emergent event occurred (MIT 13.101).

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- For all ten inmate-patients sampled, nursing staff timely completed an initial assessment on the day the patient was admitted to the CTC (MIT 13.001).
- Based on a sample of ten applicable patients, providers evaluated all ten within 24 hours of the patient's admission to the CTC and completed a history and physical within 72 hours of admission (MIT 13.002, 13.003).
- Providers also completed their subjective, objective, assessment, plan, and education (SOAPE) notes at required three-day intervals for nine of the ten sampled patients who had a stay long enough to require them (90 percent). For one of the sampled patients, one required provider encounter interval was inadequate. While the patient's corresponding eUHR indicated a timely provider visit may have occurred, the provider failed to document the required SOAPE note to evidence the encounter (MIT 13.004).

Recommendations

The OIG recommends the institution implement a process to evaluate the CTC's nursing assessment, intervention, and documentation. This quality improvement initiative should be ongoing, measurable, and reported in a manner that CEN leadership can effectively monitor.

SPECIALTY SERVICES

This indicator focuses on specialist care from the time a request for services or physician's order for specialist care is completed to the time of receipt of related recommendations from specialists. This indicator also evaluates the providers' timely review of specialist records and documentation reflecting the patients' care plans, including course of care when specialist recommendations were not ordered, and whether the results of specialists' reports are communicated to the patients. For specialty services denied by the institution, the OIG determines whether the denials are timely and appropriate, and whether the inmate-patient is updated on the plan of care.

Case Review Rating: Adequate Compliance Score: Proficient (85.7%)

> **Overall Rating:** Proficient

For this indicator, the OIG's case review and compliance review processes yielded different results, with the case review giving an adequate rating and the compliance testing resulting in a proficient score. The OIG's internal review process considered those factors that led to both scores and ultimately rated this indicator as proficient. The key factors were that the case review only identified two cases with noteworthy deficiencies that had the potential to cause harm (see discussion below); had neither of these deficiencies occurred, the case review rating would most likely have been proficient. As a result, the OIG's inspection team concluded that the appropriate overall rating for this indicator should be proficient to match the compliance score's rating.

Case Review Results

The OIG clinicians reviewed 196 events related to *Specialty Services*, the majority of which were specialty consultations and procedures. The OIG clinicians found 53 deficiencies in this category, the majority of which were minor due to specialty reports not properly signed by primary care providers. Only two deficiencies within specialty services had the potential to cause patient harm (when records revealed specialists were not provided with the most recent patient information, such as labs and medications).

Access to Specialty Services

Urgent and routine *Specialty Services* were generally timely and adequate. The OIG found a few delays in specialty follow-up appointments.

Nursing Performance

Nursing performance for *Specialty Services* was adequate. The OIG clinicians found a few deficiencies related to assessment, documentation, and legibility.

Provider Performance

Three of the deficiencies found in *Specialty Services* were related to providers not following through with specialty recommendations. These deficiencies did not result in patient harm.

Health Information Management

Forty-five of the deficiencies found in *Specialty Services* were related to *Health Information Management*, the majority of which were due to specialty reports not being properly signed by primary care providers. As noted in the *Health Information Management* indicator, it was apparent providers reviewed most reports as evidenced by provider orders and documentation in progress notes. Three deficiencies were due to pertinent patient information, i.e., labs, medications, etc., not being made available to specialists.

Onsite Inspection

Onsite discussions revealed CEN's processes for specialty services, including appointments, out to medical returns, and obtaining specialty reports, flowed smoothly. The primary care providers reported access to specialty services was not an issue, and when reports were not available, the specialty services department was easily accessible and willing to track down these reports.

Compliance Testing Results

The institution received a compliance score of 85.7 percent in the *Specialty Services* indicator, scoring within the *proficient* range in five of the seven test areas:

- All 15 inmate-patients sampled received their high-priority specialty services appointment within 14 calendar days of the provider's order. Following patients' high-priority specialty services appointments, providers reviewed the specialists' reports within three business days for 13 of the 15 sampled reports (87 percent). The provider reviewed one report three days late, and there was no report in the eUHR for another specialty service (MIT 14.001, 14.002).
- All 15 of the inmate-patients sampled received their routine specialty service appointment within 90 calendar days of the provider's order. Following patients' routine specialty services appointments, providers reviewed the specialists' reports within three business days for 13 of the 14 applicable reports (93 percent). One report was reviewed nine days late (MIT 14.003, 14.004).
- The institution timely denied provider specialty services requests for 19 of the 20 denials sampled, resulting in a score of 95 percent. One patient's service request was denied 20 days late (MIT 14.006).

The institution has opportunity for improvement in the following two areas:

- Providers timely informed inmate-patients of the denial status for requested specialty services for only 12 of the 20 denials sampled (60 percent). The remaining eight patients received untimely communications regarding the denial status. On average, they were ten days late (MIT 14.007).
- When an institution approves or schedules a patient for specialty services appointments and then transfers the patient to another institution, policy requires that the receiving institution ensure a patient's appointment occurs timely. At CEN, only 13 of the 20 sampled patients (65 percent) received their specialty services appointment within the required action date. Four patients received their appointments between one and 16 days late, two patients received appointments 37 and 59 days late, and one patient did not receive an appointment at all (MIT 14.005).

Recommendations

No specific recommendations. Refer to the Recommendations section of the *Health Information Management (Medical Records)* indicator for suggested areas for improvement related to specialty services.

SECONDARY (ADMINISTRATIVE) QUALITY INDICATORS OF HEALTH CARE

The last two quality indicators (*Internal Monitoring, Quality Improvement, and Administrative Operations*; and *Job Performance, Training, Licensing, and Certifications*) involve health care administrative systems and processes. Testing in these areas applies only to the compliance component of the process. Therefore, there is no case review assessment associated with either of the two indicators. As part of the compliance component for the first of these two indicators, the OIG did not score several questions. Instead, the OIG presented the findings for informational purposes only. For example, the OIG described certain local processes in place at CEN.

To test both the scored and non-scored areas within these two secondary quality indicators, OIG inspectors interviewed key institutional employees and reviewed documents during their onsite visit to CEN in September 2015. They also reviewed documents obtained from the institution and from CCHCS prior to the start of the inspection. The test questions used to assess compliance for each indicator are detailed in *Appendix A*.

For comparative purposes, the *CEN Executive Summary Table* on page ix of this report shows the case review and compliance ratings for each applicable indicator.

INTERNAL MONITORING, QUALITY IMPROVEMENT, AND ADMINISTRATIVE OPERATIONS

This indicator focuses on the institution's administrative health care oversight functions. The OIG evaluates whether the institution promptly processes inmate-patient medical appeals and addresses all appealed issues. Inspectors also verify that the institution follows reporting requirements for adverse/sentinel events and inmate deaths, and whether the institution is making progress toward its Performance Improvement Work Plan initiatives. In addition, the OIG verifies that the Emergency Medical Response Review Committee (EMRRC) performs required reviews and that staff

Case Review Rating: Not Applicable Compliance Score: Inadequate (52.3%)

> **Overall Rating:** Inadequate

perform required emergency response drills. Inspectors also assess whether the Quality Management Committee (QMC) meets regularly and adequately addresses program performance. For those institutions with licensed facilities, inspectors also verify that required committee meetings are held.

Compliance Testing Results

CEN scored in the *inadequate* range for the *Internal Monitoring*, *Quality Improvement*, and *Administrative Operations* indicator, receiving a score of 52.3 percent, even though it received a *proficient* score of 100 percent in two of the nine applicable indicator test areas and an *adequate* score in two other test areas. The institution scored poorly in five of the indicator test areas, including three tests that scored zero, as discussed below:

- CEN did not sufficiently document its efforts to ensure the accuracy of Dashboard data reporting, resulting in zero for this test. Inspectors reviewed six recent months of Quality Management Committee (QMC) meeting minutes and other information received from the institution. Inspectors concluded that CEN acted to correct problems with Dashboard indictors when they were identified; however, there was no documented evidence found in QMC meeting minutes or other similar forums of the methodologies used by CEN to conduct data validation audits or to train staff who collect Dashboard data (MIT 15.004).
- OIG inspectors reviewed CEN's 2014 Performance Improvement Work Plan and found that none of the quality improvement performance objectives contained a corresponding progress status update that clearly demonstrated the institution either improved or reached targeted performance objectives in each area (MIT 15.005).
- The OIG inspected documentation for 12 emergency medical response incidents reviewed by the EMRRC during the prior six-month period and found the incident packages never included the use of the required checklist form or followed the required case review template format. In addition, the EMRRC did not review seven of the critical incidents

timely, and the institution's warden did not sign the meeting minutes for one of the sampled months. As a result, CEN received a score of zero for this test (MIT 15.007).

- For the 12-month period ending July 2015, CEN timely processed at least 95 percent of the monthly inmate medical appeals during only four of those sampled months (33 percent). Based on data received from the institution, 8 of the 12 sampled months had overdue appeals, which ranged from 5 to 19 percent of each month's total reviewed appeals. However, in the more recent months of June and July 2015, the institution reported that it had reviewed all of the submitted medical appeals timely (MIT 15.001).
- Inspectors reviewed the summary reports and related documentation for three medical emergency response drills conducted in the prior quarter. While the institution conducted a comprehensive response drill for its second and third watch staff, the response drill during the first watch lacked the completion of required forms. Therefore, the institution received a score of 67 percent for this test (MIT 15.101).

The institution performed in the *adequate* range for one test area:

• Inspectors reviewed six recent months of Quality Management Committee (QMC) meeting minutes and confirmed that the institution's QMC did meet monthly, but the corresponding meeting minutes did not always include required information. More specifically, during five of the meeting minutes reviewed (83 percent), the QMC evaluated program performance and took action when improvement opportunities were identified. However, one month's meeting minutes did not include evidence that performance data was used to evaluate program performance (MIT 15.003).

The institution scored in the *proficient* range in the following three test areas:

- CEN's local governing body (LGB) met during all four of the most recent quarters, and all meeting minutes provided a detailed narrative of the LGB's general management and planning of patient health care (MIT 15.006).
- When the OIG sampled ten second-level medical appeals, inspectors found that the institution's responses addressed all of the patients' appealed issues (MIT 15.102).
- Medical staff prepared and submitted the Initial Inmate Death Report (CDCR Form 7229A) to CCHCS's Death Review Unit timely for seven of the eight inmate deaths (88 percent) that occurred during the OIG's review period. The reports are required to be submitted by noon on the first business day following the date of death; the institution submitted one report less than two hours late (MIT 15.103).

Other Information Obtained from Non-Scored Areas

- The OIG gathered non-scored data regarding the completion of death review reports. During the time frame of the OIG's review, the CCHCS's Death Review Committee (DRC) was required to complete a death review summary within 30 business days of an inmate's death and to further communicate the results to the institution's CEO within five additional business days. Regarding the DRC's completion of CEN death review reports, the OIG found that the DRC both timely completed its reports and timely notified the CEO for only three of the five sampled reviews (60 percent). For one inmate death OIG, the DRC completed its summary 18 business days late (or 72 calendar days after the date of death). Consequently, the DRC did not provide timely results to the CEO. For one other inmate death reviewed by the DRC, the review summary was completed timely, but it was provided to the CEO ten business days late (MIT 15.996).
- Inspectors met with the institution's CEO to inquire about CEN's protocols for tracking appeals. Each week, an analyst distributes an appeals tracking log to management that contains open action items and response due dates. The CEO monitors the appeals for patterns or trends and works with appropriate health care staff to remedy identified problem areas. The institution provides training when needed, and management reevaluates progress once a change has been implemented. The OIG does not score this area or validate staff's assertions regarding the processes the institution follows to track medical appeals (MIT 15.997).
- Non-scored data gathered regarding the institution's practices for implementing local operating procedures (LOPs) indicated that the institution has a good process in place for developing LOPs. The institution's health program specialist monitors new and revised CCHCS policies and procedures and distributes them to the applicable subcommittee to determine whether they impact existing LOPs or require new ones. Ultimately, as updates are made, the Quality Management Committee reviews and finalizes LOPs; once approved, staff receive training within 30 days. Currently, CEN has implemented 31 of the 49 applicable stakeholder recommended LOPs, or 63 percent (MIT 15.998).
- The OIG discusses the institution's health care staffing resources in the *About the Institution* section on page 2 (MIT 15.999).

Recommendations

No specific recommendations.

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JOB PERFORMANCE, TRAINING, LICENSING, AND CERTIFICATIONS

In this indicator, the OIG examines whether the institution adequately manages its health care staffing resources by evaluating whether job performance reviews are completed as required; specified staff possess current, valid credentials and professional licenses or certifications; nursing staff receive new employee orientation training and annual competency testing; and clinical and custody staff have current medical emergency response certifications.

Compliance Testing Results

Case Review Rating: Not Applicable Compliance Score: Proficient (90.2%)

> **Overall Rating:** Proficient

The institution received a *proficient* compliance score of 90.2 percent in the *Job Performance Training, Licensing, and Certifications* indicator. The institution scored 100 percent in five of the indicator's eight tests, as follows:

- All providers were current with their professional licenses, and nursing staff and the pharmacist-in-charge were current with their professional licenses and certification requirements (MIT 16.001, 16.105).
- Nursing staff who administer medications possessed current clinical competency validations for all ten of their training records reviewed, and all nursing staff hired within the last year timely received new employee orientation training (MIT 16.102, 16.107).
- The institution's pharmacy and providers who prescribe controlled substances were current with their Drug Enforcement Agency registrations (MIT 16.106).

The institution scored in the *adequate* range in the following two areas:

- Nursing supervisors completed the required number of nursing reviews for four of the five nurses the OIG sampled (80 percent). However, there was no evidence of any completed nursing reviews for one nurse (MIT 16.101).
- The OIG reviewed performance evaluation packets of four of the institution's applicable providers and found the institution met all performance review requirements for three of them (75 percent). Although one provider had been out on a long-term leave since April 2015, a performance appraisal had not been completed for the three years preceding the absence (MIT 16.103).

The institution scored in the *inadequate* range in the following area:

• While all applicable providers and nursing staff were found to be current with their emergency response certifications, the institution did not have a current system in place to easily track when custody officers' emergency medical response certifications expired. As a result, the institution received a score of 67 percent for this test. The institution's custody staff reported that the deficiency would be corrected with the planned implementation of a new training program tracking system currently under development (MIT 16.104).

Recommendations

No specific recommendations.

POPULATION-BASED METRICS

The compliance testing and the case reviews give an accurate assessment of how the institution's health care systems are functioning with regard to the patients with the highest risk and utilization. This information is vital to assess the capacity of the institution to provide sustainable, adequate care. However, one significant limitation of the case review methodology is that it does not give a clear assessment of how the institution performs for the entire population. For better insight into this performance, the OIG has turned to population-based metrics. For comparative purposes, the OIG has selected several Healthcare Effectiveness Data and Information Set (HEDIS) measures for disease management to gauge the institution's effectiveness in outpatient health care, especially chronic disease management.

The Healthcare Effectiveness Data and Information Set is a set of standardized performance measures developed by the National Committee for Quality Assurance with input from over 300 organizations representing every sector of the nation's health care industry. It is used by over 90 percent of the nation's health plans as well as many leading employers and regulators. It was designed to ensure that the public (including employers, the Centers for Medicare and Medicaid Services, and researchers) has the information it needs to accurately compare the performance of health care plans. Healthcare Effectiveness Data and Information Set data is often used to produce health plan report cards, analyze quality improvement activities, and create performance benchmarks.

Methodology

For population-based metrics, the OIG used a subset of HEDIS measures applicable to the CDCR inmate-patient population. Selection of the measures was based on the availability, reliability, and feasibility of the data required for performing the measurement. The OIG collected data utilizing various information sources, including the eUHR, the Master Registry (maintained by CCHCS), as well as a random sample of patient records analyzed and abstracted by trained personnel. Data obtained from the CCHCS Master Registry and Diabetic Registry was not independently validated by the OIG and is presumed to be accurate. For some measures, the OIG used the entire population rather than statistically random samples. While the OIG is not a certified HEDIS compliance auditor, the OIG uses similar methods to ensure that measures are comparable to those published by other organizations.

Comparison of Population-Based Metrics

For the California State Prison, Centinela, nine HEDIS measures were selected and are listed in the following *CEN Results Compared to State and National HEDIS Scores* table. Multiple health plans publish their HEDIS performance measures at the State and national levels. The OIG has provided selected results for several health plans in both categories for comparative purposes.

Results of Population-Based Metric Comparison

Comprehensive Diabetes Care

For chronic care management, the OIG chose measures related to the management of diabetes. Diabetes is the most complex common chronic disease requiring a high level of intervention on the part of the health care system in order to produce optimal results. CEN performed very well with its management of diabetes.

When compared statewide, CEN significantly exceeded the Medi-Cal scores in all five diabetic measures selected. When compared to Kaiser Permanente, CEN also outperformed Kaiser North in all five diabetic measures, and the institution outperformed Kaiser South in four of five measures. Kaiser South did better in eye exams.

When compared nationally, CEN outperformed Medicaid, Medicare, and commercial health plans (based on data obtained from health maintenance organizations) in all five of the diabetic measures listed. CEN exceeded the U.S. Department of Veterans Affairs (VA) for diabetic patients' blood pressure control and for diabetic monitoring, and outperformed the VA for its diabetic patients considered to be under poor control. For eye exams, CEN trailed the VA.

Immunizations

Comparative data for immunizations was only fully available for the VA and partially available for Kaiser Permanente, commercial plans, and Medicare. For influenza shots for adults up to age 64, CEN scored slightly higher than Kaiser's highest regional average and higher than commercial plans, but trailed the VA by 7 percentage points. With respect to influenza vaccinations for patients 65 and older, CEN scored significantly lower than both the VA and Medicare (33 percentage points and 29 percentage points respectively). For pneumococcal vaccinations for older adults, CEN scored slightly lower than Medicare and, again, much lower than the VA (26 percentage points). Of the 56 patients tested, CEN's low scores for influenza and pneumococcal vaccinations were attributed to 24 patients who were all offered the immunizations but who refused them.

Cancer Screening

For colorectal cancer screening, CEN scored lower than all entities that reported comparative data (Kaiser, commercial plans, Medicare, and the VA). Of the 38 patients sampled, 36 patients were offered the screening timely; however, 12 of them had subsequently refused the test.

Summary

While the population-based metrics performance of California State Prison, Centinela was strong for most diabetic measures, the institution performed below other State and national results for most immunization and cancer screening measures, although those scores were negatively impacted by patient refusals.

Overall, CEN's HEDIS performance reflects an adequately performing chronic care program, further corroborated by the institution's *adequate* score in the *Access to Care* indicator and *proficient* score in the *Preventive Services* indicator. With regard to CEN's performance in the immunization and colorectal screening measures, the institution should make interventions to lower the rate of patient refusal for influenza shots, pneumococcal vaccinations, and colorectal cancer screening.

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CEN Results Compared to State and National HEDIS Scores

		Cali	fornia		National						
Clinical Measures	CEN Cycle 4 Results ¹	HEDIS Medi- Cal 2014 ²	HEDIS Kaiser (No. CA) 2015 ³	HEDIS Kaiser (So.CA) 2015 ³	HEDIS Medicaid 2015^4	HEDIS Com- mercial 2015^4	HEDIS Medicare 2015^4	VA Average 2012 ⁵			
Comprehensive Diabetes Care											
HbA1c Testing (Monitoring)	100%	83%	95%	94%	86%	91%	93%	99%			
Poor HbA1c Control (>9.0%) ^{6,7}	8%	44%	18%	24%	44%	31%	25%	19%			
HbA1c Control (<8.0%) ⁶	81%	47%	70%	62%	47%	58%	65%	-			
Blood Pressure Control (<140/90) ⁶	85%	60%	84%	85%	62%	65%	65%	80%			
Eye Exams	72%	51%	69%	81%	54%	56%	69%	90%			
Immunizations											
Influenza Shots - Adults (18–64) ⁸	58%	-	54%	55%	-	50%	-	65%			
Influenza Shots - Adults (65+)	43%	-	-	-	-	-	72%	76%			
Immunizations: Pneumococcal	67%	-	-	-	-	-	70%	93%			
Cancer Screening											
Colorectal Cancer Screening	63%	-	80%	82%	-	64%	67%	82%			
		-	•	•	•	-	•	-			

 Unless otherwise stated, data was collected in September and October 2015 by reviewing medical records from a sample of CEN's population of applicable inmate-patients. These random statistical sample sizes were based on a 95 percent confidence level with a 15 percent maximum margin of error.

- 2. HEDIS Medi-Cal data was obtained from the California Department of Health Care Services 2014 HEDIS Aggregate Report for the Medi-Cal Managed Care Program.
- 3. Data was obtained from Kaiser Permanente November 2015 reports for the Northern and Southern California regions.

4. National HEDIS data for Medicaid, commercial plans, and Medicare was obtained from the 2015 *State of Health Care Quality Report*, available on the NCQA website: <u>www.ncqa.org</u>. The results for commercial plans were based on data received from various health maintenance organizations.

- 5. The Department of Veterans Affairs (VA) data was obtained from the VHA Facility Quality and Safety Report Fiscal Year 2012 Data.
- 6. For this indicator, the entire applicable CEN population was tested.
- 7. For this measure only, a lower score is better. For Kaiser, the OIG derived the Poor HbA1c Control indicator using the reported data for the <9.0% HbA1c control indicator.
- 8. The VA data is for the age range 50–64.

APPENDIX A — COMPLIANCE TEST RESULTS

Indicator	Overall Score (Yes %
Access to Care	80.62%
Diagnostic Services	66.67%
Emergency Services	Not Applicable
Health Information Management (Medical Records)	75.99%
Health Care Environment	85.35%
Inter- and Intra-System Transfers	90.00%
Pharmacy and Medication Management	78.23%
Prenatal and Post-Delivery Services	Not Applicable
Preventive Services	85.58%
Quality of Nursing Performance	Not Applicable
Quality of Provider Performance	Not Applicable
Reception Center Arrivals	Not Applicable
Specialized Medical Housing (OHU, CTC, SNF, Hospice)	98.00%
Specialty Services	85.65%
Internal Monitoring, Quality Improvement, and Administrative Operations	52.31%
Job Performance, Training, Licensing, and Certifications	90.21%

Reference Number						
	Access to Care	Yes	No	Yes + No	Yes %	N/A
1.001	Chronic care follow-up appointments: Was the inmate-patient's most recent chronic care visit within the health care guideline's maximum allowable interval or within the ordered time frame, whichever is shorter?	23	7	30	76.67%	0
1.002	For endorsed inmate-patients received from another CDCR institution: If the nurse referred the inmate-patient to a provider during the initial health screening, was the inmate-patient seen within the required time frame?	7	10	17	41.18%	13
1.003	Clinical appointments: Did a registered nurse review the inmate-patient's request for service the same day it was received?	26	4	30	86.67%	0
1.004	Clinical appointments: Did the registered nurse complete a face-to-face visit within one business day after the CDCR Form 7362 was reviewed?	28	2	30	93.33%	0
1.005	Clinical appointments: If the registered nurse determined a referral to a primary care provider was necessary, was the inmate-patient seen within the maximum allowable time or the ordered time frame, whichever is the shorter?	7	2	9	77.78%	21
1.006	Sick call follow-up appointments: If the primary care provider ordered a follow-up sick call appointment, did it take place within the time frame specified?	3	1	4	75.00%	26
1.007	Upon the inmate-patient's discharge from the community hospital: Did the inmate-patient receive a follow-up appointment within the required time frame?	14	0	14	100.00%	0
1.008	Specialty service follow-up appointments: Do specialty service primary care physician follow-up visits occur within required time frames?	21	7	28	75.00%	2
1.101	Clinical appointments: Do inmate-patients have a standardized process to obtain and submit health care services request forms?	6	0	6	100.00%	0
	Overall Percentage:				80.62%	

			Score	ed Ansv	wers	
Reference Number	Diagnostic Services	Yes	No	Yes + No	Yes %	N/A
2.001	Radiology: Was the radiology service provided within the time frame specified in the provider's order?	10	0	10	100.00%	0
2.002	Radiology: Did the primary care provider review and initial the diagnostic report within specified time frames?	6	4	10	60.00%	0
2.003	Radiology: Did the primary care provider communicate the results of the diagnostic study to the inmate-patient within specified time frames?	10	0	10	100.00%	0
2.004	Laboratory: Was the laboratory service provided within the time frame specified in the provider's order?	9	1	10	90.00%	0
2.005	Laboratory: Did the primary care provider review and initial the diagnostic report within specified time frames?	9	1	10	90.00%	0
2.006	Laboratory: Did the primary care provider communicate the results of the diagnostic study to the inmate-patient within specified time frames?	9	1	10	90.00%	0
2.007	Pathology: Did the institution receive the final diagnostic report within the required time frames?	7	3	10	70.00%	0
2.008	Pathology: Did the primary care provider review and initial the diagnostic report within specified time frames?	0	8	8	0.00%	2
2.009	Pathology: Did the primary care provider communicate the results of the diagnostic study to the inmate-patient within specified time frames?	0	8	8	0.00%	2
	Overall Percentage:		1		66.67%	

Emergency Services	Scored Answers
Assesses reaction times and responses to emergency situations. The OIG RN clinicians will use detailed information obtained from the institution's incident packages to perform focused case reviews.	Not Applicable

			Score	ed Ansv	wers	
Reference Number	Health Information Management (Medical Records)	Yes	No	Yes + No	Yes %	N/A
4.001	Are non-dictated progress notes, initial health screening forms, and health care service request forms scanned into the eUHR within three calendar days of the inmate-patient encounter date?	20	0	20	100.00%	0
4.002	Are dictated / transcribed documents scanned into the eUHR within five calendar days of the inmate-patient encounter date?	9	11	20	45.00%	0
4.003	Are specialty documents scanned into the eUHR within five calendar days of the inmate-patient encounter date?	20	0	20	100.00%	0
4.004	Are community hospital discharge documents scanned into the eUHR within three calendar days of the inmate-patient date of hospital discharge?	13	1	14	92.86%	0
4.005	Are medication administration records (MARs) scanned into the eUHR within the required time frames?	20	0	20	100.00%	0
4.006	During the eUHR review, did the OIG find that documents were correctly labeled and included in the correct inmate-patient's file?	0	12	12	0.00%	0
4.007	Did clinical staff legibly sign health care records, when required?	27	5	32	84.38%	0
4.008	For inmate-patients discharged from a community hospital: Did the preliminary hospital discharge report include key elements and did a PCP review the report within three calendar days of discharge?	12	2	14	85.71%	0
	Overall Percentage:				75.99%	

D. 4				Yes		
Reference Number	Health Care Environment	Yes	No	+ No	Yes %	N/A
5.101	Infection Control: Are clinical health care areas appropriately disinfected, cleaned and sanitary?	9	1	10	90.00%	0
5.102	Infection control: Do clinical health care areas ensure that reusable invasive and non-invasive medical equipment is properly sterilized or disinfected as warranted?	9	0	9	100.00%	1
5.103	Infection Control: Do clinical health care areas contain operable sinks and sufficient quantities of hygiene supplies?	8	2	10	80.00%	0
5.104	Infection control: Does clinical health care staff adhere to universal hand hygiene precautions?	8	0	8	100.00%	2
5.105	Infection control: Do clinical health care areas control exposure to blood-borne pathogens and contaminated waste?	9	1	10	90.00%	0
5.106	Warehouse, Conex and other non-clinic storage areas: Does the medical supply management process adequately support the needs of the medical health care program?	1	0	1	100.00%	0
5.107	Clinical areas: Does each clinic follow adequate protocols for managing and storing bulk medical supplies?	8	2	10	80.00%	0
5.108	Clinical areas: Do clinic common areas and exam rooms have essential core medical equipment and supplies?	4	6	10	40.00%	0
5.109	Clinical areas: Do clinic common areas have an adequate environment conducive to providing medical services?	8	2	10	80.00%	0
5.110	Clinical areas: Do clinic exam rooms have an adequate environment conducive to providing medical services?	9	1	10	90.00%	0
5.111	Emergency response bags: Are TTA and clinic emergency medical response bags inspected daily and inventoried monthly, and do they contain essential items?	8	1	9	88.89%	1
5.999	For Information Purposes Only: Does the institution's health care management believe that all clinical areas have physical plant infrastructures sufficient to provide adequate health care services?	Information Only				
	Overall Percentage:				85.35%	

			wers			
Reference Number	Inter- and Intra-System Transfers	Yes	No	Yes + No	Yes %	N/A
6.001	For endorsed inmate-patients received from another CDCR institution or COCF: Did nursing staff complete the initial health screening and answer all screening questions on the same day the inmate-patient arrived at the institution?	25	5	30	83.33%	0
6.002	For endorsed inmate-patients received from another CDCR institution or COCF: When required, did the RN complete the assessment and disposition section of the health screening form; refer the inmate-patient to the TTA, if TB signs and symptoms were present; and sign and date the form on the same day staff completed the health screening?	24	0	24	100.00%	6
6.003	For endorsed inmate-patients received from another CDCR institution or COCF: If the inmate-patient had an existing medication order upon arrival, were medications administered or delivered without interruption?	4	2	6	66.67%	24
6.004	For inmate-patients transferred out of the facility: Were scheduled specialty service appointments identified on the Health Care Transfer Information Form 7371?	20	0	20	100.00%	0
6.101	For inmate-patients transferred out of the facility: Do medication transfer packages include required medications along with the corresponding Medical Administration Record (MAR) and Medication Reconciliation?	5	0	5	100.00%	4
	Overall Percentage:				90.00%	

			wers			
Reference Number	Pharmacy and Medication Management	Yes	No	Yes + No	Yes %	N/A
7.001	Did the inmate-patient receive all chronic care medications within the required time frames or did the institution follow departmental policy for refusals or no-shows?	24	5	29	82.76%	1
7.002	Did health care staff administer or deliver new order prescription medications to the inmate-patient within the required time frames?	27	3	30	90.00%	0
7.003	Upon the inmate-patient's discharge from a community hospital: Were all medications ordered by the institution's primary care provider administered or delivered to the inmate-patient within one calendar day of return?	10	4	14	71.43%	0
7.004	For inmate-patients received from a county jail: Were all medications ordered by the institution's reception center provider administered or delivered to the inmate-patient within the required time frames?	Not Applicable				
7.005	Upon the inmate-patient's transfer from one housing unit to another: Were medications continued without interruption?	27	3	30	90.00%	0
7.006	For inmate-patients en route who lay over at the institution: If the temporarily housed inmate-patient had an existing medication order, were medications administered or delivered without interruption?	0	1	1	0.00%	3
7.101	All clinical and medication line storage areas for narcotic medications: Does the institution employ strong medication security controls over narcotic medications assigned to its clinical areas?	9	0	9	100.00%	8
7.102	All clinical and medication line storage areas for non-narcotic medications: Does the institution properly store non-narcotic medications that do not require refrigeration in assigned clinical areas?	13	0	13	100.00%	4
7.103	All clinical and medication line storage areas for non-narcotic medications: Does the institution properly store non-narcotic medications that require refrigeration in assigned clinical areas?	8	1	9	88.89%	8
7.104	Medication preparation and administration areas: Do nursing staff employ and follow hand hygiene contamination control protocols during medication preparation and medication administration processes?	6	1	7	85.71%	10
7.105	Medication preparation and administration areas: Does the institution employ appropriate administrative controls and protocols when preparing medications for inmate-patients?	7	0	7	100.00%	10
7.106	Medication preparation and administration areas: Does the institution employ appropriate administrative controls and protocols when distributing medications to inmate-patients?	3	4	7	42.86%	10

	Overall Percentage:				78.23%	
7.999	For Information Purposes Only: Do inmate-patients in isolation housing units have immediate access to their KOP prescribed rescue inhalers and nitroglycerin medications?	Information Only				
7.998	For Information Purposes Only: During eUHR compliance testing and case reviews, did the OIG find that medication errors were properly identified and reported by the institution?	Information Only				
7.111	Pharmacy: Does the institution follow key medication error reporting protocols?	0	17	17	0.00%	8
7.110	Pharmacy: Does the institution's pharmacy properly account for narcotic medications?	1	0	1	100.00%	0
7.109	Pharmacy: Does the institution's pharmacy properly store refrigerated or frozen medications?	1	0	1	100.00%	0
7.108	Pharmacy: Does the institution's pharmacy properly store non-refrigerated medications?	1	0	1	100.00%	0
7.107	Pharmacy: Does the institution employ and follow general security, organization, and cleanliness management protocols in its main and satellite pharmacies?	1	0	1	100.00%	0

Prenatal and Post-Delivery Services	Scored Answers
This indicator is not applicable to this institution.	Not Applicable

			Scored Answers			
Reference				Yes +		
Number	Preventive Services	Yes	No	+ No	Yes %	N/A
9.001	Inmate-patients prescribed INH: Did the institution administer the medication to the inmate-patient as prescribed?	24	3	27	88.89%	0
9.002	Inmate-patients prescribed INH: Did the institution monitor the inmate-patient monthly for the most recent three months he or she was on the medication?	27	0	27	100.00%	0
9.003	Annual TB Screening: Was the inmate-patient screened for TB within the last year?	15	15	30	50.00%	0
9.004	Were all inmate-patients offered an influenza vaccination for the most recent influenza season?	30	0	30	100.00%	0
9.005	All inmate-patients from the age 50 through the age of 75: Was the inmate-patient offered colorectal cancer screening?	27	3	30	90.00%	0
9.006	Female inmate-patients from the age of 50 through the age of 74: Was the inmate-patient offered a mammogram in compliance with policy?		1	Not App	plicable	
9.007	Female inmate-patients from the age of 21 through the age of 65: Was the inmate-patient offered a pap smear in compliance with policy?		1	Not App	plicable	
9.008	Are required immunizations being offered for chronic care inmate-patients?	11	2	13	84.62%	0
9.009	Are inmate-patients at the highest risk of coccidioidomycosis (valley fever) infection transferred out of the facility in a timely manner?	Not Applicable				
	Overall Percentage:				85.58%	

Quality of Nursing Performance	Scored Answers
The quality of nursing performance will be assessed during case reviews, conducted by OIG clinicians, and is not applicable for the compliance portion of the medical inspection. The methodologies OIG clinicians use to evaluate the quality of nursing performance are presented in a separate inspection document entitled OIG MIU Retrospective Case Review Methodology.	Not Applicable

Quality of Provider Performance	Scored Answers
The quality of provider performance will be assessed during case reviews, conducted by OIG clinicians, and is not applicable for the compliance portion of the medical inspection. The methodologies OIG clinicians use to evaluate the quality of provider performance are presented in a separate inspection document entitled OIG MIU Retrospective Case Review Methodology.	Not Applicable

Reception Center Arrivals	Scored Answers
This indicator is not applicable to this institution.	Not Applicable

	Scored Answers		wers			
Reference Number	Specialized Medical Housing (OHU, CTC, SNF, Hospice)	Yes	No	Yes + No	Yes %	N/A
13.001	For all higher-level care facilities: Did the registered nurse complete an initial assessment of the inmate-patient on the day of admission, or within eight hours of admission to CEN's CTC?		0	10	100.00%	0
13.002	For OHU, CTC, & SNF only: Did the primary care provider for OHU or attending physician for a CTC & SNF evaluate the inmate-patient within 24 hours of admission?	10	0	10	100.00%	0
13.003	For OHU, CTC, & SNF only: Was a written history and physical examination completed within 72 hours of admission?	10	0	10	100.00%	0
13.004	For all higher-level care facilities: Did the primary care provider complete the Subjective, Objective, Assessment, Plan, and Education (SOAPE) notes on the inmate-patient at the minimum intervals required for the type of facility where the inmate-patient was treated?		1	10	90.00%	0
13.101	For OHU and CTC Only: Do inpatient areas either have properly working call systems in its OHU & CTC or are 30-minute patient welfare checks performed; and do medical staff have reasonably unimpeded access to enter inmate-patient's cells?	1	0	1	100.00%	0
	Overall Percentage:				98.00%	

			Score	ed Ansv	wers	
Reference Number			No	Yes + No	Yes %	N/A
14.001	Did the inmate-patient receive the high-priority specialty service within 14 calendar days of the PCP order?	15	0	15	100.00%	0
14.002	Did the PCP review the high priority specialty service consultant report within the required time frame?	13	2	15	86.67%	0
14.003	Did the inmate-patient receive the routine specialty service within 90 calendar days of the PCP order?	15	0	15	100.00%	0
14.004	Did the PCP review the routine specialty service consultant report within the required time frame?	13	1	14	92.86%	1
14.005	For endorsed inmate-patients received from another CDCR institution: If the inmate-patient was approved for a specialty services appointment at the sending institution, was the appointment scheduled at the receiving institution within the required time frames?	13	7	20	65.00%	0
14.006	Did the institution deny the primary care provider request for specialty services within required time frames?	19	1	20	95.00%	0
14.007	.007 Following the denial of a request for specialty services, was the inmate-patient informed of the denial within the required time frame?		8	20	60.00%	0
	Overall Percentage: 85.65%				85.65%	

Reference	Internal Monitoring, Quality Improvement,			Yes +		
Number	and Administrative Operations	Yes	No	т No	Yes %	N/A
15.001	Did the institution promptly process inmate medical appeals during the most recent 12 months?	4	8	12	33.33%	0
15.002	Does the institution follow adverse/sentinel event reporting requirements?	Not Applicable				
15.003	Did the institution Quality Management Committee (QMC) meet at least monthly to evaluate program performance, and did the QMC take action when improvement opportunities were identified?	5	1	6	83.33%	0
15.004	Did the institution's Quality Management Committee (QMC) or other forum take steps to ensure the accuracy of its Dashboard data reporting?	0	1	1	0.00%	0
15.005	For each initiative in the Performance Improvement Work Plan (PIWP), has the institution performance improved or reached the targeted performance objective(s)?	0	5	5	0.00%	0
15.006	For institutions with licensed care facilities: Does the local governing body (LGB), or its equivalent, meet quarterly and exercise its overall responsibilities for the quality management of patient health care?				100.00%	0
15.007	Does the Emergency Medical Response Review Committee perform timely incident package reviews that include the use of required review documents?	0	12	12	0.00%	0
15.101	Did the institution complete a medical emergency response drill for each watch and include participation of health care and custody staff during the most recent full quarter?	2	1	3	66.67%	0
15.102	Did the institution's second level medical appeal response address all of the inmate-patient's appealed issues?	10	0	10	100.00%	0
15.103	Did the institution's medical staff review and submit the initial inmate death report to the Death Review Unit in a timely manner?	7	1	8	87.50%	0
15.996	For Information Purposes Only: Did the CCHCS Death Review Committee submit its inmate death review summary to the institution timely?	Information Only			1	
15.997	For Information Purposes Only: Identify the institution's protocols for tracking medical appeals.	Information Only				
15.998	For Information Purposes Only: Identify the institution's protocols for implementing health care local operating procedures.	Information Only				
15.999	For Information Purposes Only: Identify the institution's healthcare staffing resources.	Information Only				
	Overall Percentage:				52.31%	

	Scored Answer		wers			
Reference Number	Job Performance, Training, Licensing, and Certifications		No	Yes + No	Yes %	N/A
16.001	Do all providers maintain a current medical license?	11	0	11	100.00%	0
16.101	Does the institution's Supervising Registered Nurse conduct periodic reviews of nursing staff?					
16.102	2 Are nursing staff who administer medications current on their clinical 10 0 competency validation?				100.00%	0
16.103	Are structured clinical performance appraisals completed timely?	3	1	4	75.00%	2
16.104	Are staff current with required medical emergency response certifications?		1	3	66.67%	0
16.105	Are nursing staff and the Pharmacist-in-Charge current with their professional licenses and certifications?	5	0	5	100.00%	1
16.106	106Do the institution's pharmacy and authorized providers who prescribe controlled substances maintain current Drug Enforcement Agency (DEA) registrations?1		0	1	100.00%	0
16.107	7 Are nursing staff current with required new employee orientation? 1 0				100.00%	0
	Overall Percentage: 90.21%					

APPENDIX B — CLINICAL DATA

Table B-1: CEN Sample Sets		
Sample Set	Total	
Anticoagulation	3	
Death Review/Sentinel Events	5	
Diabetes	3	
Emergency Services - CPR	2	
Emergency Services - Non-CPR	6	
High Risk	5	
Hospitalization	5	
Intra-system Transfers-In	3	
Intra-system Transfers-Out	3	
RN Sick Call	30	
Specialty Services	4	
	69	

California State Prison, Centinela, Cycle 4 Medical Inspection

Table B-2: CEN Chronic Care Diagnose Diagnosis	Total
Anemia	4
Anticoagulation	3
Arthritis/Degenerative Joint Disease	7
Asthma	8
COPD	7
Cancer	4
Cardiovascular Disease	7
Chronic Kidney Disease	2
Chronic Pain	4
Cirrhosis/End Stage Liver Disease	3
Deep Venous Thrombosis/Pulmonary Embolism	3
Diabetes	14
Gastroesophageal Reflux Disease	18
Gastrointestinal Bleed	2
Hepatitis C	16
Hyperlipidemia	16
Hypertension	30
Mental Health	4
Seizure Disorder	5
Sleep Apnea	4
	161

Table B-3: CEN Event - Program		
Program	Total	
Diagnostic Services	184	
Emergency Care	60	
Hospitalization	55	
Intra-system Transfers-In	11	
Intra-system Transfers-Out	10	
Not Specified	3	
Outpatient Care	411	
Specialized Medical Housing	456	
Specialty Services	150	
	1340	

Table B-4: CEN Case Review Sample Summary		
	Total	
MD Reviews Detailed	30	
MD Reviews Focused	0	
RN Reviews Detailed	16	
RN Reviews Focused	33	
Total Reviews	79	
Total Unique Cases	69	
Overlapping Reviews (MD & RN)	10	

APPENDIX C — COMPLIANCE SAMPLING METHODOLOGY

	Califor	nia State Pr	ison, Centinela
Quality Indicator	Sample Category (number of		
Indicator	patients)	Data Source	Filters
Access to Care	Chronic Care (30)	Master Registry	 Chronic care conditions (at least one condition per inmate-patient—any risk level) Randomize
	Nursing Sick Call (5 per clinic) (30)	MedSATS	 Clinic (each clinic tested) Appt. date (2–9 months) Randomize
	Returns from Community Hospital (14 – all applicable)	Inpatient Claims Data	See <i>Health Information Management (Medical Records)</i> (returns from community hospital)
Diagnostic Services	Radiology (10)	Radiology Logs	 Appt. Date (90 days–9 months) Randomize Abnormal
	Laboratory (10)	Quest	 Appt. date (90 days–9 months) Order name (CBC or CMPs only) Randomize Abserved
			Abnormal
	Pathology (10)	InterQual	 Appt. date (90 days–9 months) Service (pathology related) Randomize
Health	Timely Scanning	OIG Qs: 1.001,	Non-dictated documents
Information Management (Medical	(20)	1.002, & 1.004	• First 5 inmate-patients selected for questions 1.002, 1.004; First 10 inmate-patients selected for question 1.001
Records)	(20)	OIG Q: 1.001	Dictated documentsFirst 20 inmate-patients selected
	(20)	OIG Qs: 14.002 & 14.004	Specialty documentsFirst 10 inmate-patients selected for each question
	(14 – all applicable)	OIG Q: 4.008	 Community hospital discharge documents First 20 inmate-patients selected for the question
	(20)	OIG Q: 7.001	• MARs
	. ,		First 20 inmate-patients selected
	Legible Signatures and Review	OIG Qs: 4.008, 6.001/6.002, 7.001, 12.001/	First 8 inmates sampledOne source document per inmate-patient
	(32)	12.002, & 14.002	
	Complete and Accurate Scanning	Documents for any tested inmate	• Any incorrectly scanned eUHR document identified during OIG eUHR file review, e.g., mislabeled, misfiled, illegibly scanned, or missing
	Returns from Community Hospital	Inpatient Claims Data	 Date (2-8 months) Most recent 6 months provided (within date range) Rx count Discharge date Randomize (each month individually)
	(14 – all applicable)		• First 5 inmate-patients from each of the 6 months (if not 5 in a month, supplement from another, as needed)

	Sample Category		
Quality	(number of		
Indicator	patients)	Data Source	Filters
Health Care Environment	Clinical Areas (10)	OIG Inspector Onsite Review	• Identify and inspect all onsite clinical areas.
Inter- and	Intra-System	SOMS	Arrival date (3–9 months)
Intra-System	transfers	bollib	 Arrived from (another CDCR facility)
Transfers			 Rx count
5	(30)		Randomize
	Specialty Service	MedSATS	 Date of Transfer (3–9 months)
	Send-outs		Randomize
	(20)		
Pharmacy and	Chronic Care	OIG Q: 1.001	See Access to Care
Medication	Medication	-	• (At least one condition per inmate-patient—any
Management			risk level)
	(29)		Randomize
	New Medication	Master Registry	Rx Count
	Orders		Randomize
			• Ensure no duplication of inmate-patients tested in
	(30)		chronic care medications
	Intra-Facility moves	MAPIP Transfer	• Date of transfer (2–8 months)
		Data	To location/from location (yard to yard and
			to/from ASU)
			• Remove any to/from MHCB
			• NA/DOT meds (high-low)-inmate-patient must
	(30)		have NA/DOT meds to qualify for testing
		COME	Randomize
	En Route	SOMS	• Date of transfer (2–8 months)
			 Sending institution (another CDCR facility) Randomize
	(1)		 Length of stay (minimum of 2 days) NA/DOT meds
	Returns from	Inpatient Claims	See Health Information Management (Medical
	Community Hospital	Data	<i>Records</i>) (returns from community hospital)
	(14)	2 000	
	Medication	OIG Inspector	Identify and inspect onsite clinical areas that
	Preparation and	Onsite Review	prepare and administer medications
	Administration Areas		
	(7)		
	Pharmacy	OIG Inspector	• Identify and inspect onsite pharmacies
	(1)	Onsite Review	
	Medication Error	OIG Inspector	• Any medication error identified during OIG eUHR
	Reporting	Review	file review, e.g., case reviews and/or compliance
Duon atal 1	(17) Recent Deliveries	OP Poster	testing
Prenatal and Post-Delivery	Recent Deliveries	OB Roster	Delivery date (2–12 months)
<i>Post-Delivery</i> Services	N/A at this institution		• Most recent deliveries (within date range)
Services	Pregnant Arrivals	OB Roster	Arrival date (2–12 months)
	Fleghan Antivas		
	Fleghant Antivais		 Earliest arrivals (within date range)

	Sample Category		
Quality	(number of		
Indicator	patients)	Data Source	Filters
Preventive	Chronic Care	OIG Q: 1.001	• Chronic care conditions (at least 1 condition per
Services	Vaccinations		inmate-patient—any risk level)
			Randomize
	(13)		• Condition must require vaccination(s)
	INH	Maxor	• Dispense date (past 9 months)
			• Time period on INH (at least a full 3 months)
	(27)		Randomize
	Colorectal Screening	SOMS	• Arrival date (at least 1 year prior to inspection)
			• Date of birth (51 or older)
	(30)		Randomize
	Influenza	SOMS	• Arrival date (at least 1 year prior to inspection)
	Vaccinations		Randomize
			• Filter out inmate-patients tested in chronic care
	(30)		vaccination sample
	TB Code 22, annual	SOMS	• Arrival date (at least 1 year prior to inspection)
	TST		• TB Code (22)
	(15)		Randomize
	TB Code 34, annual	SOMS	• Arrival date (at least 1 year prior to inspection)
	screening		• TB Code (34)
	(15)		Randomize
	Mammogram	SOMS	• Arrival date (at least 2 years prior to inspection)
			• Date of birth (age 52–74)
	N/A at this institution		Randomize
	Pap Smear	SOMS	Arrival date (at least three years prior to
	1		inspection)
			• Date of birth (age 24–53)
	N/A at this institution		• Randomize
	Valley Fever	Cocci Transfer	Reports from past 2–8 months
	-	Status Report	Institution
		-	• Ineligibility date (60 days prior to inspection date)
	N/A at this institution		All
Reception Center Arrivals	RC	SOMS	Arrival date (2–8 months)
			 Arrived from (county jail, return from parole, etc.)
	N/A at this institution		Randomize
Specialized	СТС	CADDIS	Admit date (1–6 months)
Medical	-		 Type of stay (no MH beds)
Housing			 Length of stay (minimum of 5 days)
	(10)		 Randomize
	× -/	l	• Kalluolliize

	Sample Category		
Quality	(number of		
Indicator	patients)	Data Source	Filters
Specialty	High-Priority	MedSATS	• Approval date (3–9 months)
Services Access	(15)		Randomize
	Routine	MedSATS	• Approval date (3–9 months)
			Remove optometry, physical therapy or podiatry
	(15)		Randomize
	Specialty Service	MedSATS	Arrived from (other CDCR institution)
	Arrivals		• Date of transfer (3–9 months)
	(20)		Randomize
	Denials	InterQual	• Review date (3–9 months)
	(11)		Randomize
		IUMC/MAR	• Meeting date (9 months)
		Meeting Minutes	Denial upheld
	(9)		Randomize
Internal	Medical Appeals	Monthly Medical	Medical appeals (12 months)
Monitoring,	(12)	Appeals Reports	
Quality	Adverse/Sentinel	Adverse/Sentinel	• Adverse/sentinel events (2–8 months)
Improvement, and	Events	Events Report	
ana Administrative	N/A at this institution	0.11	
<i>Operations</i>	QMC Meetings	Quality	• Meeting minutes (6 months)
operations		Management Committee	
	(6)	Meeting Minutes	
	Performance	Performance	Performance Improvement Work Plan with
	Improvement Plans	Improvement	updates (12 months)
	(5)	Work Plan	······································
	Local Governing	Local Governing	Meeting minutes (12 months)
	Body	Body Meeting	
	(4)	Minutes	
	EMRRC	EMRRC	• Meeting minutes (6 months)
	(12)	Meeting Minutes	
	Medical Emergency	OIG Inspector	Most recent full quarter
	Response Drills	Onsite Review	• Each watch
	(3)		
	2 nd Level Medical	OIG Inspector	• Medical appeals denied (6 months)
	Appeals (10)	Onsite Review	
	Death Reports	OIG Inspector	• Death reports (12 months)
	(8)	Onsite Review	• Death reports (12 months)
	Local Operating	OIG Inspector	Review all
	Procedures	Onsite Review	
	(all)		
	(all)		

	Sample Category		
Quality	(number of		
Indicator	patients)	Data Source	Filters
Job Performance,	RN Review	OIG Inspector	Current Supervising RN reviews
Training,	Evaluations	Onsite Review	
Licensing, and	(5)		
Certifications	Nursing Staff	OIG Inspector	Review annual competency validations
	Validations	Onsite Review	Randomize
	(10)		
	Provider Annual	OIG Inspector	• All required performance evaluation documents
	Evaluation Packets	Onsite Review	
	(all)		
	Medical Emergency	OIG Inspector	• All staff
	Response	Onsite Review	• Providers (ACLS)
	Certifications		• Nursing (BLS/CPR)
	(all)		• Custody (CPR/BLS)
	Nursing staff and	OIG Inspector	All licenses and certifications
	Pharmacist-in-charge	Onsite Review	
	Professional Licenses		
	and Certifications		
	(all)		
	Pharmacy and	OIG Inspector	All current DEA registrations
	Providers' Drug	Onsite Review	
	Enforcement Agency		
	(DEA) Registrations		
	(all)		
	Nursing Staff New	OIG Inspector	• New employees (within the last 12 months)
	Employee	Onsite Review	
	Orientations		
	(all)		

CALIFORNIA CORRECTIONAL HEALTH CARE SERVICES' RESPONSE

February 18, 2016

Robert A. Barton, Inspector General Office of the Inspector General 10111 Old Placerville Road, Suite 110 Sacramento, CA 95827

Dear Mr. Barton:

The purpose of this letter is to inform you that the Office of the Receiver has reviewed the draft report of the Office of the Inspector General (OIG) Medical Inspection Results for California State Prison, Centinela (CEN) conducted from September 2015 to November 2015. California Correctional Health Care Services (CCHCS) acknowledges all OIG findings.

Thank you for preparing the report. Your efforts have advanced our mutual objective of ensuring transparency and accountability in CCHCS operations. If you have any questions or concerns, please contact me at (916) 691-9573.

Sincerely,

Janet Lewis

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cc: Clark Kelso, Receiver

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