

**California Rehabilitation Oversight Board Minutes
October 16, 2013 Meeting**

The California Rehabilitation Oversight Board (C-ROB) met in open session at 9:30 a.m. on October 16, 2013, at the California State University, Alumni Center, 6024 University Drive South, Sacramento, California.

Board Members: Present at the meeting were **Robert Barton**, Inspector General (Chairman); **Jeff Beard**, Secretary, Department of Corrections and Rehabilitation (CDCR); **Wendy Still**, Chief Adult Probation Officer for the City and County of San Francisco (Senate Committee on Rules appointee); **Patricia Terry**, Education Administrator, Adult Education Office, California Department of Education (Designee for Tom Torlakson, Superintendent of Public Instruction); **Susan Turner**, Professor, University of California, Irvine (President of the University of California appointee); **William Arroyo, M.D.**, Regional Medical Director, Los Angeles County Department of Mental Health; **Debra Jones**, Dean, Career Education Practices, Workforce and Economic Development, California Community Colleges (Designee for Brice Harris, Chancellor, California Community Colleges); **Mark Beckley**, Director of Administration, California Department of State Hospitals (Sitting in for Pam Ahlin, Director of Hospital Strategic Planning and Implementation, State Hospitals (Designee for Cliff Allenby, Director (A), Department of State Hospitals); and **Brenda Grealish**, Division Chief, Division of Mental Health Care Services, Department of Health Care Services). Absent from the meeting was **Ian Parkinson**, Sheriff, County of San Luis Obispo (Governor Appointee); **Jennie Singer**, Professor, California State University, Sacramento (Chancellor of California State University appointee).

Office of the Inspector General staff: Reneé Hansen, C-ROB Executive Director; James C. Spurling, Counsel to the Board; Linda Whitney, Board Secretary, Jana Boccalon, Analyst and Rita Biddle, Executive Assistant to the IG.

Presenters:

CDCR:

Millicent Tidwell
Rodger Meier
Jennifer Valadez
Colleen Curtin
Daniel Lane

David Pack
Kristina Padilla
Warren Daniels
Natalie Fransham
Jane Soria

Public Comments:

Susan Lawrence

Item 1. Call to order.

Chairman Barton called the meeting to order at 9:40 a.m.

Item 2. Introduction and establish quorum.

Chairman Barton introduced Office of the Inspector General staff participating in the meeting and asked Board Members to introduce themselves. A quorum was established.

Item 3. Review agenda.

There were no comments concerning the Agenda.

Item 4. Review and approve minutes from the September 11, 2013 board meeting.

The minutes were unanimously approved without any edits.

Item 5. Executive Director updates.

Ms. Hansen stated that AB 494 and AB 1019 were signed by the Governor. She also stated that SEIU will conduct a survey to evaluate educational programming. SEIU plans to meet again with CDCR to finalize the survey. An update on the survey will be reported at the next board meeting.

Ms. Hansen further stated the Rand Study has been published noting that inmates participating in programming are 43 percent less likely to recidivate, those with a GED are 40 percent less likely to recidivate. The Rand Study also found that there are no differences in GED test scores whether taken via paper or electronically.

Item 6. CDCR: Substance Abuse Treatment Programs – In Prison.

Millicent Tidwell reported that a stakeholder group has been established to discuss rehabilitative programs. The first meeting will be held October 29.

Rodger Meier stated that one of CDCR's top priorities is to expand substance abuse treatment (SAT) programming. He further stated that there are five medically diagnosed stages of substance use disorders. Reports show that young users have increased marijuana and synthetic marijuana use because users perceive the drugs to be safe.

Mr. Meier went on to state that CDCR wants to assign all inmates with moderate to high risk and need into SAT programs, however, some don't qualify. Those who don't qualify for assignment are encouraged to participate in Inmate Leisure Time Activity Groups (ILTAGs), Narcotics Anonymous, or Alcoholics Anonymous. Mr. Meier stated if an inmate is charged with an A/B offense they are unable to participate in the SAT programs for 12 months. Additionally, once an inmate is released from special housing there is a 12 month waiting period until they can participate in SAT programs.

Mr. Meier reported that an inmate participating in the typical SAT program would attend classes five days a week for 3.2 hours per day for the duration of 150 days. The program is provided by contract staff. He further reported that the University of Cincinnati research done on similar programs being utilized in five other states was considered when CDCR implemented their program. Currently, CDCR has configured program slots for male and female inmates based on the population numbers.

Daniel Lane is with CEC, the company contracted to provide the substance abuse treatment programming for CDCR inmates. Mr. Lane shared that primary treatment consists of two tiers of programming. The first tier focuses on "Thinking for Change," while tier two programming focuses on "Problem Solving and Social Skills." Mr. Lane stated that the 2013 programming model moves toward targeted cognitive behavioral treatment. He also stated that there are four CBT modalities: SAT, Criminal Thinking, Anger Management and Family Relationships.

Mr. Lane reported that the providers go through comprehensive assessment to evaluate the inmates. They find the assessments are a very valuable tool and they also have core components of treatment mandated by CDCR which must be included in the programming.

Item 7. CDCR: Substance Abuse Treatment Programs – Aftercare and Community-Based.

Colleen Curtin reported on aftercare. She stated that all aftercare programming is handled through contract providers and CDCR currently has five substance abuse treatment programs: SASCA, PSN, FOTEP, RMSC, and STAR. Ms. Curtin stated that while CDCR no longer has any solely female RMSCs, some are co-ed.

Ms. Curtin went on to say that SASCA is the largest program CDCR has running for aftercare and it is the only program providing sober living. She also stated that the Program Accountability Department conducts program reviews to maintain program integrity. All models are similar except for RMSCs. Since the models are set to expire in June of 2014, the programs will be consolidated at that time to eliminate duplicity and increase efficiency.

Item 8. CAADAC: Offender Mentor Certification Program.

David Pack spoke regarding his experience as an inmate participating in the Offender Mentor Certification Program (OMCP) while incarcerated at Solano State Prison. Mr. Pack stated that in 2008 50 inmates were selected to participate in the program. Upon completion of the program the participating inmates would facilitate substance abuse groups for other inmates. Mr. Pack went on to say that the groups evolved and took on an academic feel and setting to include studying. He found the OMCP was a great way to help fellow inmates because although staff is helpful, what they can do is limited merely because of their limited numbers as compared to the inmate population. For Mr. Pack, being a mentor gave him the opportunity to serve and give back while in prison, and after he was released, as he currently serves as a mentor through his church.

He stated that the program was very important to him for several reasons: one of which is that without it, he would not have been prepared for release. Mr. Pack stated that many inmates have no responsibility while in prison. Without any transition prior to release, the amount of responsibility you have once released can be extremely overwhelming. The OMCP gave him responsibility for helping others while incarcerated which helped him accept more responsibility once he was released.

Kristina Padilla from CAADAC discussed the purpose and training CAADAC provides for those wishing to become mentor. The OMCP is located in eight institutions at which mentors are currently working. In addition to participating in the CAADAC training to become certified, the mentors must also maintain continuing education hours to retain their certification. Because the certification is nationally recognized, the OMCP affords inmates employment opportunities such as working in hospitals or probation departments.

There are approximately seven certification training programs in California. Of those, CAADAC is the only company that requires twice as many hours of training then the state minimum in order to complete the training program. Inmates participating in the training program are participating in the same curriculum and must adhere to the same requirements as any other participant in the AD Counseling Certification program.

Item 9. CDCR: Inmate Leisure Time Activity Groups (ILTAGS) – Narcotics Anonymous and Alcoholics Anonymous

Natalie Fransham stated that in order to be a recognized ILTAG provider, you must have a set of Bylaws. CDCR recently participated in World Unity Day where CDCR has the largest number of incarcerated participants. Additionally, they just completed a statewide week-long training for community resource managers. The last time CDCR was able to participate was eight years ago.

Ms. Fransham continued to say that approximately 160 inmates attend ILTAGs per month. An exception to the Bylaws requirement is the 12-step self-help programs currently in each institution, run by volunteers.

Jane Soria stated there are 27 different Narcotics Anonymous and Alcoholics Anonymous programs being offered and that every institution has some type of NA and AA groups. The community resource managers are responsible for deciding which programs work best for the inmates in any given environment.

Item 10. CDCR: 2013 Outcomes Report

This presentation has been continued until the November meeting since the report is not currently available.

Item 11. Future board meeting schedule.

Ms. Hansen confirmed the next board meetings November 13th, January 8, 2014 and March 12, 2014. She also confirmed the next Report Writing Subcommittee meeting for January 27, 2013.

Item 12. Future agenda items.

Ms. Hansen mentioned that we have several items that have been suggested as future agenda items at previous meetings. She also stated that the following might be good topics to address at the meeting in October: SAT programs and the CDCR 2013 Outcomes Report. Topics suggested for the November meeting were targeting population for low-risk and the impact of SB 105. Susan Turner stated she would like a presentation on parole and sex offender treatment. Ms. Hansen suggested that might be a good topic for the January meeting.

Item 13. Public Comment.

A representative of SEIU Local 1000 thanked the board for the letters of support regarding AB 494 and AB 1019 and looks forward to working with C-ROB.

Susan Lawrence thanked the board for their support of the honor program. She stated that she is aware there has been discussion of whether the board is valuable and she wanted to state for the record that she believes it is. No other venue allows the public to state their views on the topics C-ROB listens to and she is looking forward to the EP Yards.

Item 14. Adjournment.

The meeting was adjourned at 2:32 a.m.

C-ROB Secretary

Dated

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